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MARTIN LUTHER KING JR.

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during the 70th season

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Cover Features



24 **MARTIN LUTHER KING JR.**
Looking back 50 years after MLK's visit to South



50 **GROSSE POINTE THEATRE**
Behind the scenes during the 70th season



62 **REBECCA & ANTHONY**
An elegant wedding at The War

Pointe Personalities



10 **BEATRICE & GEMMA**
Beatrice, joyful baby girl; Gemma, aspiring teacher and ballerina



12 **ELLIOTT**
Freeman Elliott Gunnell, South student and avid historian



36 **SHEILA**
Sheila O'Hara, Director of Production, Avanti Press Inc. and President, The Moross Greenway Project



68 **WILLIAM**
William J. Giovan, mediator and arbitrator after 40 years as a judge



88 **HEATHER**
Heather Burgess, owner of The Great Frame Up

Pointe Extras

- 14** Action Auction Carnival
- 16** Grosse Pointe North at Orchestra Hall
- 16** GPFPE Gala: Be the Beacon
- 18** The Tower turns 90
- 20** Motor City Mitten Mission
- 22** Aviary
- 26** Trees are terrific!
- 30** Ford House steps into Spring
- 32** At Home in the Pointes
- 34** Egg egg fun in each city
- 42** Tau Beta Spring Market
- 44** Books on the Lake
- 46** Mack Avenue Records
- 48** AAUW Women's Summit
- 52** Tigers Caravan stops at Stahls'
- 54** Power Play
- 56** S. Gary Spicer, WSU Hall of Fame
- 58** Dominic Pangborn, Olympics Artist
- 60** Welcome to Here
- 80** Ten jazzy years at Dirty Dog
- 94** Key to Addiction Recovery
- 95** This Americana

In Every Issue

- 8** On Pointe with the Publisher & Editor
- 28** Right at Home
- 38** Pointe Investment
- 39** Pointe Landlord
- 40** Pointe Fitness
- 41** Pointe Health
- 45** Great Lakes Log
- 55** Pointe Dental Health
- 61** Legal Pointes *with Jon Gandelot*
- 69** Pointe Caregiver
- 72** Restaurant Guide
- 78** Cooking with Chef Ethan Steiner
- 82** Paparazzi
- 90** Pointe Pets
- 91** Pet Health
- 92** Calendar

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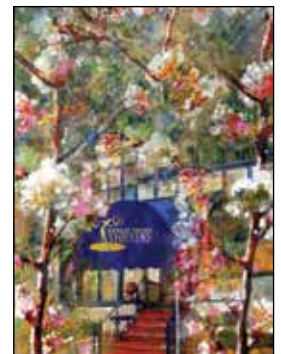
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On the cover

Our resident artist Dominic Pangborn, of Grosse Pointe Shores, works his magic again. Exclusively for *Pointe Magazine* is his depiction of spring at Grosse Pointe Theatre.

Reprints of Pangborn's cover art are available for purchase by contacting publisher@grossepointemagazine.com.



Where in the Pointes?



Where in the Pointes is this object? On Monday, March 26, we will ask this question on our Facebook wall. The first person to respond with the most specific answer will win a Champs Rotisserie & Seafood gift card. Participants MUST wait for the question to be posted by Pointe Magazine. Good luck! (Last issue: Rear of businesses on the west side of Kercheval on The Hill.)

To find us on Facebook, search "Grosse Pointe Magazine"

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POINTE MAGAZINE



Lauren McGregor
Editor

Think spring!

Every March I write about the same thing: Detroit Tigers Spring Training in Lakeland, Fla. But the difference this year is I am not writing as an armchair traveler. In fact, as you are reading this, we will be (barring bad weather or work or health emergencies) enjoying the ever-swaying palm trees and warm, sunny skies at Joker Marchant Stadium at Publix Field.

We've missed the past two years of Spring Training due to business constraints. Two years ago, we were launching Detroit River Living Magazine. Last year, we were in the middle of due diligence for the purchase of the Grosse Pointe News. Needless to say, we are ready from some R and R!


There have been a lot of improvements since the last time we were in Lakeland, the spring home of the Detroit Tigers has undergone major renovation and expansion. Publix, the major grocer in Florida, is the corporate naming sponsor, though they did keep "Joker Marchant" in recognition of the former longtime head of parks and recreation for the City of Lakeland.

The ballpark now features a 360-degree walkway, new seating in right field and left, a Margaritaville bar and many more amenities. We remember when Joker Marchant Stadium was a sleepy, Minor League venue with bleachers and hot dogs served out of food trucks. Not so today. We're talking the Majors!

Lakeland is the longest-running Spring Training home for any single Major League Baseball team. A couple of years ago, after 80 years together, the Tigers and Lakeland signed a 20-year renewal contract, which takes them to the centennial mark in 2036.

I'm not sure if Terry and I will be there, but I am sure our niece Lindsay and husband Ben and their new baby now on the way will be there carrying on the Spring Training tradition!

We promise to take a lot of photos and share them when we get back. In the meantime, think spring and be sure to patronize the many advertisers and businesses that make living in Grosse Pointe the best.

See you around the Pointe! 

John


It's official. We are homeowners. And that is somewhat bittersweet. The house we leave in Roseville was good to us. My Uncle John and Aunt Terry own it. I did a lot of growing up there. I'll miss the neighbors. And the birch tree in the front yard. I climbed it countless times as a child. The evening light in the dining room. The old marks on the refrigerator's side, tracking the kids' ever rising heights. I'm thankful for the home videos that document the space and memories.

But when we walked into the new house, I immediately knew we had found home. I'd even go so far as to say it was meant to be. We saw at least 30 houses in surrounding communities before walking into this one in Grosse Pointe Woods. Our Realtor, Aunt Karen, opened the front door. I took one step inside and gasped. I envisioned Graham rounding the corner as a child. I saw a fire roaring in the fireplace and our photos on the mantel.

When we started the hunt, Corey and I wanted the house to feel like the workers' apartment in the Irish Castle we had worked in while backpacking. Cozy, low ceilings, a funky red door, an old fireplace, an atmosphere of having been lived in and loved.

Yes, it had the cozy low ceilings, the old fireplace and even a red door. But this house did us one better. Its street name is the name of the castle. An 'Ireland' book was sitting on the coffee table. After closing, we discovered that a close work friend lived in the house next door. And the kicker: The castle's basement had engravings with the symbol for the 'eye of God.' I stepped into the basement of this home, and there it was, carved into the wall. My heart raced.

Dwellings have been on my mind for another reason. In this issue, we are debuting a home tour series, "At Home in the Pointes." The Boddy family kindly opened their doors to us and we could not be more stunned by the images captured by Donald Schulte. If you are interested in having your home featured, please e-mail me at Lauren@grossepointemagazine.com.

You never know what you are going to find when you open the front door of a Grosse Pointe home. We'd like to give readers a peek. 

Lauren

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26 of the best reasons to select Real Estate In The Pointes



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Meet Beatrice

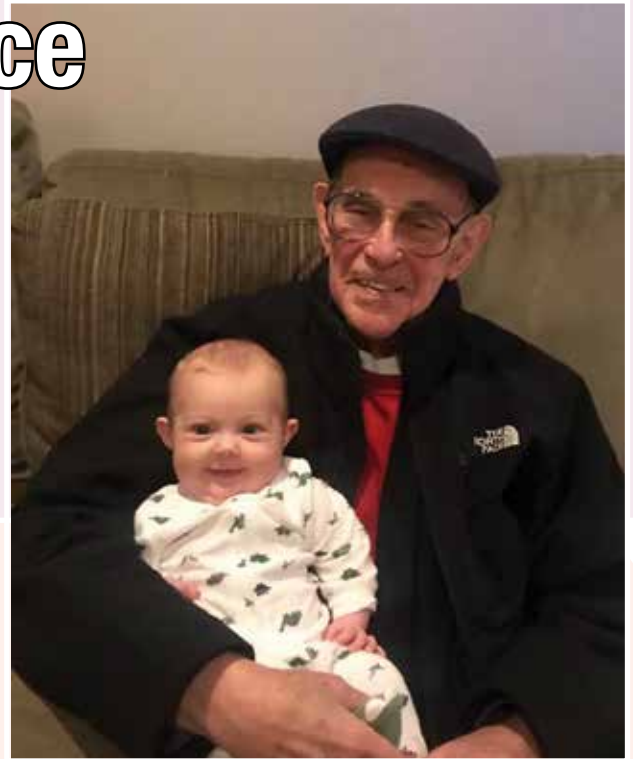
Name: **Beatrice Ann Ludke** Siblings: **Dexter, 2, and Sarg (canine), 5**
Parents: **Nick & Christine** Birthdate: **August 24, 2017** City: **Grosse Pointe Woods**
Favorite activity: **Laughing at Dexter and Sarg** First word: **Babble**

Cute fact: **Her name means “bringer of joy” and it suits her perfectly as she has brought so much joy to our lives.**

About Beatrice

in Mommy and Daddy's words

Beatrice is the sweetest baby and is always smiling and joyful. She loves smiling at her dad and laughing at her brother, Dexter. When she isn't smiling she is babbling up a storm. Dexter loves to hold and kiss her and told his mom, "Beatrice is my best friend." She loves visiting with Papa Jay and looks forward to Thursday lunches with him, Dexter, Jack (godfather) and Grandma.



Meet Gemma



Name: **Gemma Frances Elizabeth Munson** Age: **7**
Parents: **Jennifer & Dave** Siblings: **Twin brother, Cameron**
Interests: **Pretend play with her dollies, snuggling with her dog Minnie, ballet and karate**
City: **Grosse Pointe Park**

Favorites

Food

Grilled cheese sandwiches and tomato soup

Book

Emma and Julia Love Ballet

Vacation

Puerto Rico

Game

Hide and Seek

School Subject

Art and computer

Outdoor Activity

Gardening with Mama

Family Activity

Cuddle up on the couch for Friday Movie Night

What do you want to be when you grow up?

I want to be a teacher and a ballerina!

Who do you look up to and why?

My daddy. He died. He loves me.

What is your favorite thing about going to school?

My friends, Mrs. Price, and Mr. Fitz!

About Gemma

"I seven years old. I love my dog. I love Mama and Cam. I love dancing with Miss Cori and 'Kenzie' (at Grosse Pointe Dance Center). I like dressing self. My favorite colors pink and purple. I kind. I miss Daddy and Grandma."



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Oh Baby! 5 unexpected (but common) symptoms experienced during pregnancy

Pregnancy is an exciting time in a woman's life, filled with countless physical, emotional and lifestyle changes. Pregnant women often do research, read books or consult friends and family to determine what to expect during those nine months and how to best combat the symptoms that may arise. While issues like morning sickness and cravings are to be expected, there are several uncomfortable, but common, effects soon-to-be moms may be less likely to anticipate.

"A woman is going to experience numerous changes to her body during pregnancy," says Dr. Mona Fakh, an OB-GYN, at Associates in Women's Health in Grosse Pointe and Dearborn. "Although there is abundant information about issues like backaches and morning sickness, there are a number of common symptoms women are less inclined to talk about because they either consider them taboo or embarrassing."

While each woman's pregnancy experience will be unique, Dr. Fakh shares some of the lesser-known, but common, health nuisances to expect when expecting:

1. CONSTIPATION

Some common causes of constipation among pregnant women include increased progesterone levels, which influences intestinal motility, increased pressure from the growing uterus and

the recommended supplementation of iron. To help diminish constipation, women can try increasing their fiber and fluid intake and limit iron supplements to three times a week.

2. YEAST INFECTIONS

The hormonal changes that come with pregnancy often increase the chance of developing a vaginal yeast infection. However, according to a 2016 Danish nationwide cohort study, even a single, low dose of fluconazole (the leading prescription pill to treat yeast infections) may increase miscarriage risk. Instead, Dr. Fakh recommends MONISTAT 7 for vaginal yeast infections, as it relieves symptoms four times faster and works on more of the most common strains of yeast than the prescription oral pill. Nevertheless, women should always check with their own healthcare provider before using any treatment during pregnancy.

3. HEARTBURN

Heartburn and indigestion are most frequent during the third trimester, as the growing uterus places pressure on the stomach and the muscle tone of the esophagus relaxes. To help minimize heartburn, eat smaller, more frequent meals throughout the day, sit or stand after a meal and avoid spicy, greasy and fatty foods. OTC antacids are typically safe, but it is important to speak to an OB-GYN before taking.

4. VARICOSE VEINS

Many women develop varicose veins during pregnancy. As blood volume increases and the uterus enlarges, additional pressure is put on the veins in the pelvis, lower extremities and the rectal area. Elevate the legs to improve circulation, avoid sitting or standing in the same position for extended lengths of time and try to exercise regularly, if possible.

5. BODY AND FACIAL HAIR GROWTH

Hair is likely to grow faster and thicker during pregnancy on places other than just the head. Higher levels of estrogen extend the growth phase of hair, leading to less shedding and denser locks. Safe ways to get rid of these unwanted hairs during pregnancy include tweezing, waxing and shaving.

Regardless of whether a result of pregnancy is considered normal, pregnant women should readily consult their OB-GYN if they experience any changes or if they are looking for treatment solutions. Though health nuisances are bound to pop up during pregnancy, there are simple solutions to combat them so women can make the most of this wonderful time and prep for the arrival of baby.

For more information, visit
www.obgassociates.com

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Meet Elliott



Name Freeman Elliott Gunnell

Age 16

City Grosse Pointe Park

School Grosse Pointe South

Parents Freeman & Megan

Siblings Hannah, 12

Elliott's Favorites

Music Artist

Tie between Bing Crosby and Mozart

Website

Google, it's the world at your fingertips

TV Show

Chef's Table

School Subject

English and Science

Movie

Cry Freedom

Actor/Actress

Colin Firth

Book

Democracy in America by Alexis de Tocqueville

Vacation

Washington, D.C.

Food

My grandmother's matzoh ball soup

Extracurricular Activity

Choir and volunteering

What song have you downloaded that would surprise people?

"The Mission" by John Williams or the NBC Nightly News theme

What unique skill do you possess and what skill do you want to learn?

Leadership and teaching are very natural; I'd like to learn to listen more.

If you could have three wishes granted what would they be?

1. To have intellect and logic reign supreme over monetary power and fame
2. For all of us to be better compromisers and learn to listen to one another
3. For posterity, to leave this planet in better condition than when we arrived

Where do you see yourself in five years?

I will be in my bachelor's program. That's about all of the fortune telling I can do.

What did you want to be as a child and what do you want to be now?

It varied from architect to archaeologist, but I'm currently thinking of doing something with foreign policy or social/environmental issue solving.

About Elliott

"I grew up in Royal Oak. I truly value learning and teaching in my everyday life. I love to be outside in all kinds of weather, but you will mostly find me reading up on trivia or in the garden. I am an avid historian and collector. I thrive off of great music, clever design and meaningful work. I believe that if you can tell your own story well, you should also listen to someone else's even better."

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Anna Pitera and Lindsay Cotton, co-chairs along with their husbands Raymond Pitera and Jon Cotton.

Photo by Lani Martin

By Kevin J. Lamiman

Volunteers are finalizing preparations for this year’s fundraising auction for The Grosse Pointe Academy. The auction — the 51st — is billed as “The 2018 Action Auction Carnaval” (as in Brazil’s world-famous festival).

The auction, which is seeing many impressive changes this year, will be held in two phases. A silent auction and cocktail party will be held the evening of Wednesday, May 9 at 6 p.m. A live auction dinner and after-party featuring live music and dancing will be held Saturday, May 12, starting at 6 p.m.

Perhaps most exciting of all is Action Auction’s new caterer: Forte Belanger. Known for their impeccable service and food, Forte Belanger caters annual galas at the DIA, MOCAD and others top venues in Michigan. Their services — and Carnaval-themed food just for Action Auction! — truly bring this year’s auction to a new level.

“We are excited to bring our ‘famous’ Wednesday night silent auction back after four years of including it with our live evening,” adds Lani Martin, auction coordinator. “We also have Carnaval-themed surprises in store for each of our events!”

Those who would rather participate from the comfort of their homes are invited to partake in the silent auction

through mobile bidding open Monday, April 30 at 10 a.m. through Wednesday, May 9 at 9 p.m.

The annual fundraiser supports The Academy’s educational mission, says co-chair Anna Pitera.

“Tuition only covers 70 percent of the students’ education,” she says. “All the other facets that come with The Grosse Pointe Academy experience we have to raise funds for.”

Pitera and her spouse, Raymond “Ray” Pitera, are co-chairs along with Lindsay and Jon Cotton. The couples have children enrolled in The Academy.

The Academy offers small class sizes, a Montessori Early School, and emphasis on the ‘whole child’ through middle school. The nonprofit independent day school incorporates Christian religious instruction into the curriculum.

For additional information about The Academy, including its successful Singapore Math program, emphasis on character development and its mission to teach the ‘whole child,’ visit www.gpacademy.org.

For auction information, visit www.gpa.cbo.io. To learn more about making donations and attending the events, contact Lani Martin at lmartin@gpacademy.org, call (313) 886-1221 ext. 121, or write to The Grosse Pointe Academy, 171 Lake Shore Rd., Grosse Pointe Farms, MI 48236. [P](#)

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GROSSE POINTE NORTH at ORCHESTRA HALL

On Sunday, March 25 at 3 p.m., the Instrumental Music Program at Grosse Pointe North High School will hold a fundraiser concert at Detroit Symphony Orchestra's Orchestra Hall on Woodward Ave. in Detroit.

Admission is \$20 general seating, \$15 seniors, \$10 students/children and \$35 box seats. Tickets are available at Wild Birds Unlimited on Mack Ave. or in the lobby of Orchestra Hall before the concert.

Works to be performed on the program will include: Finale from Symphony No. 2 by Jean Sibelius, The Sinfonians March by Clifton Williams, First Suite in Eb by Gustav Holst, Armenian Rhapsody by Jonnie Vinson, Coast Guards March by Karl King and more! The North High School musicians will perform the same music at Festivals of Music in Toronto in April.

Featured soloists at the concert will be seniors Keenan Bakowski on trumpet and Robertson Brinker on alto saxophone.

Money raised by this event will help fund the many expenses of the instrumental music program at North. Additional donations can be sent to: The Grosse Pointe North Band & Orchestra, Grosse Pointe North High School, 707 Vernier, Grosse Pointe Woods, MI 48236.

For questions regarding this concert, please contact David Cleveland at dave.cleveland@gpschools.org or (313) 432-3322.

Photo courtesy of Grosse Pointe North Instrumental Music Program



GPFPE Annual Spring Gala **BE THE BEACON**

Save the date for the Grosse Pointe Foundation for Public Education's (GPFPE) annual gala, Saturday, April 14.

The GPFPE is celebrating "leadership" this year with a fundraising party at Grosse Pointe Club. The event will honor the Nicholson Family (Jim, Mary Beth, David, Kristin, Tim, Stephanie, John and Alicia), Grosse Pointe Public School System alumni, businesses and community and philanthropic leaders in Grosse Pointe and beyond.

The proceeds from this event will benefit Grosse Pointe public schools by going toward the elementary schools' 'The Leader in Me' program, as well as exemplary teacher grants written for their classrooms in all 15 schools.

"The GPFPE is excited to continue to offer extraordinary opportunities for the Grosse Pointe Public School System's students, staff and community," says co-chair Christie Scoggin. She along with Beth Moran are co-chairs for the gala.

The night begins with cocktails at 5:30 p.m., followed by dinner at 7:30 p.m. and a live auction at 8:30 p.m. The evening also features a raffle and wine pull. Cocktail attire is recommended, as well as early reservations, as space is limited.

For more information and tickets, visit gpfpe.org or call (313) 432-3058.

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THE TOWER TURNS 90

By Mary Anne Brush

The Tower, Grosse Pointe South High School's student newspaper, celebrates its 90th birthday Friday, March 23, with a gala supporting student journalism.

The evening features special guest Bob Button, one of three faculty advisers spanning nearly nine decades beginning with Doris Trott in 1931. While The Tower was founded in 1928, the same year the school opened, it was Trott who turned it into a nationally recognized program, according to her successor, Button.

Trott was an early inspiration for 1942 graduate Gloria Whelan, who served as Tower editor her senior year.

"I'm 94 and I'm still writing," says Whelan, winner of the 2000 National Book Award for Young People's Literature.

Kim Severson, a 1979 graduate and food correspondent at The New York Times, says her days on The Tower were pivotal.

"I credit my career in large part to having such a great high school journalism program," she says. "Mr. Button and The Tower really changed the trajectory of my life."

In 1994, Jeff Nardone took over the reins until his death from T-cell lymphoma Nov. 3, 2013.

"One of the things about (Nardone) was he had so much faith in us," says 2012 South graduate and co-editor Ted Berkowski. "He let us be independent and make our own decisions. That's the kind of respect you don't necessarily get as a teenager. That had a really big impact on us."

Megan Fleming, a 2014 South graduate, served as editor her senior year. That fall, Nardone was absent due to his illness, but continued in his adviser role while undergoing treatment. The news he had suddenly taken a turn for the worse came as a shock to Fleming. Nardone died on her 18th birthday.

The Tower staff published a 16-page special edition including contributions from Tower alumni and Nardone's

GP Takes 31 Awards In Writing Competition

Twenty-five Grosse Pointe South students won a total of 31 awards in the annual Northwestern Michigan Schools Writing Competition sponsored by The National News Publishers Association. This is the 25th year of the competition. The award given is in honor of the late newspaper editor and journalist.

The competition was held at the home of Mrs. Richard W. King in the Grosse Pointe South Writing Awards center located in the Grosse Pointe South High School building. All other awards were won in the journalism division. Students won 100 prizes, 100 honorable mentions, and 100 commendations. This is the 25th year of the competition.

LELAND THOMAS '92 was the state's highest scoring student for a news story article. He was awarded the award for his story on the state's highest scoring student for a news story article.

News Briefs . . .

NEWS . . . Today and tomorrow are the last days of the school year. The students will be in school for the last time. The students will be in school for the last time. The students will be in school for the last time.

Short in Wiring Cause Of Annex Fire

Fire broke out in room 102 at the beginning of last hour. Fire broke out in room 102 at the beginning of last hour. Fire broke out in room 102 at the beginning of last hour.

Swimmers Confident Before Pressure Race

The boys and girls swimmers are confident before the pressure race. The boys and girls swimmers are confident before the pressure race. The boys and girls swimmers are confident before the pressure race.



Martin Luther King Speaks On Need for Changed Attitude

Dr. Martin Luther King is here tonight to bring light and understanding to our community. Dr. Martin Luther King is here tonight to bring light and understanding to our community.



Dr. King said that he was here tonight to bring light and understanding to our community. Dr. King said that he was here tonight to bring light and understanding to our community.

Mystery Play Planned For Spring Production

The production is different from most of the plays we have seen. The production is different from most of the plays we have seen. The production is different from most of the plays we have seen.



Bob Nardone, determined to bring Grosse Pointe its first state swim state 1961, explains into the water for the big day of the state swim state 1961, explains into the water for the big day of the state swim state 1961.



Far left, editor-in-chief Elizabeth Bigham working with page editor Lauren Nemej; left, Tower students at the MIPA summer journalism workshop; above, March 19, 1968 issue of The Tower, covering MLK's visit to Grosse Pointe South

Left courtesy of Kaitlin Edgerton; above courtesy of Pete Wittstock



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Clara Frisco, fifth grade; Sarah Mansour, first grade; Sia Kotsis, first grade; Eva Tuason, third grade

Photo by Renee Landuyt



MAIRE ELEMENTARY JOINS MOTOR CITY MITTEN MISSION TO BRING RELIEF TO THE HOMELESS

By Michael Cowan

Solutions to some problems occasionally begin with entirely different challenges. Case in point: When Maire Elementary School was faced with an inability to satisfactorily recycle plastic grocery bags, students and teachers joined forces with the Motor City Mitten Mission (MCMM), an organization that offers support services to the local homeless, to create “plarn.”

The students and teachers have learned how to weave those problem grocery bags into a plastic string material that is then used by the people at MCMM to create durable, washable mats on which homeless people can sleep. Two problems tackled.

“We found this local gem in the MCMM, which helps us to continue our Evergreen Status as a school, helps our community members tackle the plastic problem and helps our neighbors who don’t have homes. It is a perfect partnership,” says Sarah Neely, a member of Maire’s Green Team, the group organizing the school’s recycling efforts.

The effort is in its infancy. “We have just begun our partnership with MCMM. We are currently collecting plastic shopping bags and learning how to plarn so the crochet crew at MCMM can work their magic,” says Neely.

There are plans, according to Neely, to grow the program. “Some of our students were trained to create plarn on

February 15. Plarning, as it’s known, then can become an activity for kids to do at recess time if they so choose. We are planning a spring all-school assembly, and we are hoping to invite the community to Maire sometime in the future for a plarning party where the community can bring their shopping bags and help us to create balls of plarn for the MMCM.”

Neely points out that philanthropy is an important part of the Maire experience. “Maire School works hard to give back to the community. Our student council is regularly involved with fundraisers to help our neighbors. We’re involved with Sweet Dreamzzz, which provides sleep education and supplies for children in need, Gleaners Community Food Bank and the VanElslander Cancer Center. We also have a sister school in Bangladesh and have worked with the Thrive program to help young children in that region to get nutritious food,” she says.

Neely says that Maire’s philanthropic efforts are worthwhile. “We all benefit by sharing what we have. Our hope is that our students grow up with a sense of gratitude for what they have and a sense of leadership to make the world a better place by sharing with others.”

Members of Maire’s Green Team, in addition to Neely, are teachers Emily Rennpage, Neal Gross, Meghan Arbury and Kathleen McClanaghan. [P](#)

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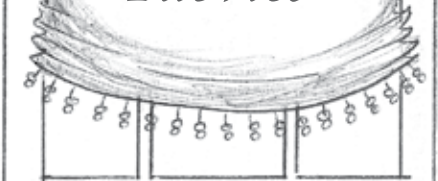
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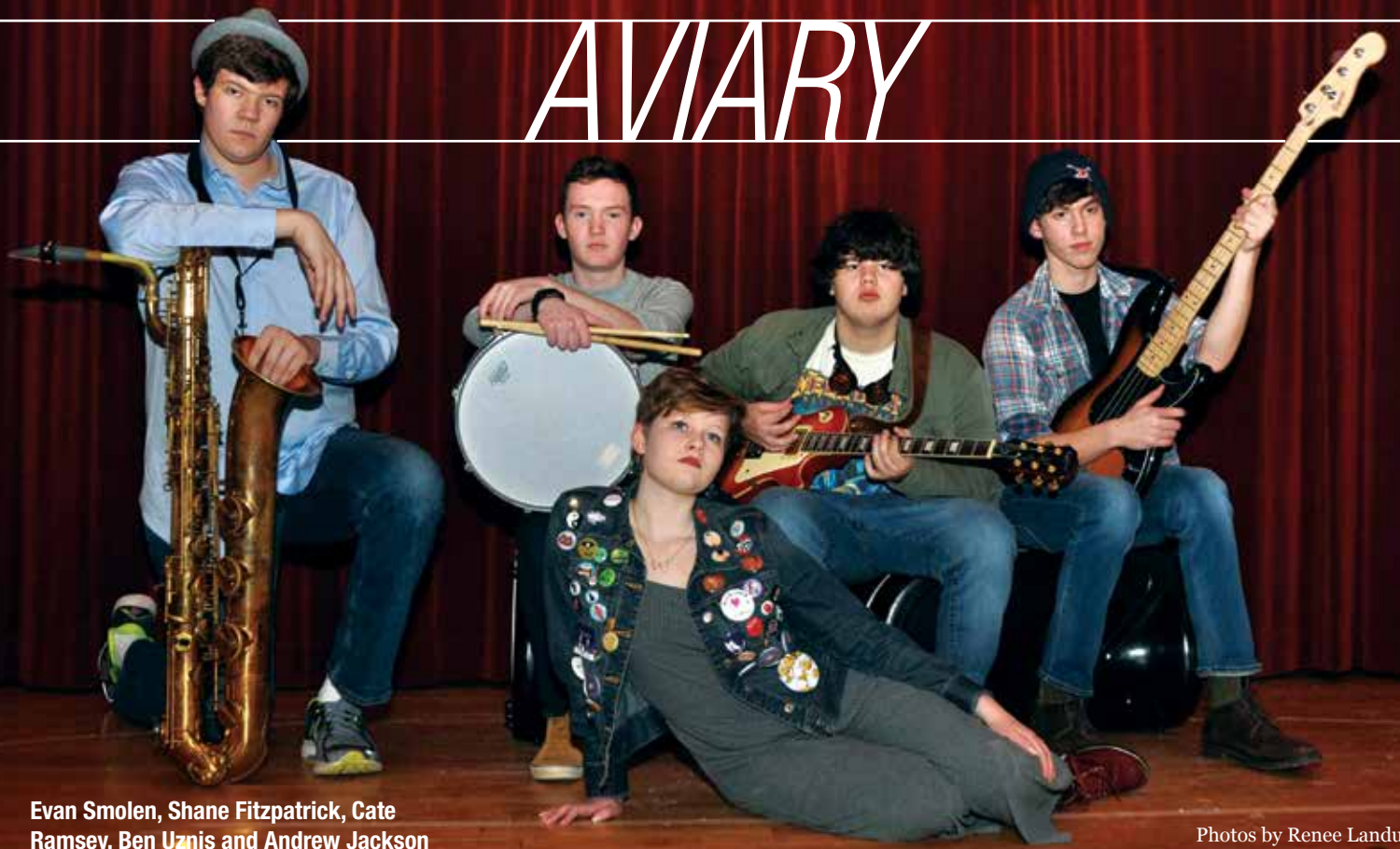
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AVIARY



Evan Smolen, Shane Fitzpatrick, Cate Ramsey, Ben Uznis and Andrew Jackson

Photos by Renee Landuyt

By Anne Erickson

The members of Aviary got started at Grosse Pointe Music Academy, where they bonded over a mutual love for playing music.

Between the band's five members — Cate Ramsey, 14, (vocals, keys), Ben Uznis, 18, (guitar), Shane Fitzpatrick, 15, (drums and bass), Andrew Jackson, 14, (drums, bass, ukulele) and Evan Smolen, 14, (baritone sax, keys) — their musical inspirations run the gamut. It's no surprise the band plays a wide variety of cover tunes.

"My musical influences are a mix of alternative rock and music from the 70s and 80s," says Fitzpatrick, a freshman at Grosse Pointe South High School.

"My musical influences are pretty much anyone, especially artists from the 2000s like Matchbox Twenty," adds Jackson, also a freshman at South.

"Personally, I would say that I have a pretty diverse taste in music, but my big influences in music composition and lyric writing are Ben Folds, Lauryn Hill, Sufjan Stevens and Regina Spektor," says Ramsey, who is in eighth grade at Parcels Middle School.

"I'm mostly influenced by metal, alternative and punk," says Uznis, a senior at South.

Their live show has caught on, and now, the band has played at multiple venues, including Otus Supply, Bogartz and Atwater Brewery. They'll be playing at Cadieux Cafe on March 15.

"You should see a couple new songs in our set list but also some old ones we've played," says Fitzpatrick. "I'm looking forward to the show, because I've never played there, and it's our first solo performance outside of Grosse Pointe Music Academy."

"We play music of all genres, from Stevie Wonder to Pixies," adds Smolen, a freshman at South. "However, we all listen to different types of music in our free time. As a cover band, we tend to play parts that may be a bit different than studio recordings of the songs we cover."

While music is what brought Aviary together, friendship is what keeps

them tight.

"Playing with these guys has let me meet some really wonderful people and learn a lot more about music in general," says Ramsey. "I look forward to our practices and our gigs. Really, I love to be able to sing while being backed by a group that I trust and is full of talent!" ♪

*Aviary at Cadieux Cafe — 4300 Cadieux Rd., Detroit
March 15, 7:30 p.m. (no cover)*



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**Martin Luther King Jr. speaking
at Grosse Pointe High School
March 14, 1968**

Photo courtesy of The Portrait Place

DR. MARTIN LUTHER KING JR.

50 YEARS AFTER HIS VISIT TO GROSSE POINTE

By **Eddie B. Allen Jr.**

A day that remains firmly etched in Grosse Pointe's collective memory is being revisited this spring.

Just three weeks before he was assassinated in Memphis, Tenn., where he'd traveled in support of city sanitation workers, Dr. Martin Luther King Jr. visited Grosse Pointe High School on March 14, 1968. The champion of civil rights and Nobel Peace Prize-winner spoke at Grosse Pointe South's gymnasium, filling the 2,700-capacity space and sharing with students, staff and faculty his thoughts about community inequity.

Such was local inequity at the time that hostility and verbal protests by some who opposed King were demonstrated at public meetings before the visit. Jude Huetteman, host to the minister, would later detail how Grosse Pointe's police chief sat on King's lap in a car, to protect him, and how she'd received personal threats for inviting King.

Both King and the city survived his visit. Now school officials, staff and students are commemorating the historic appearance at a 6 p.m. program March 14, the 50th anniversary, in the same gym where King spoke. A community-wide effort has been organized to celebrate the date.

"We just think it's such an amazing fact that our community participated in this in 1968," says Rebecca Fannon, community relations specialist for Grosse Pointe Public Schools.

As part of the anniversary program students and other participants will read excerpts from King's speech. Titled

"The Other America," the address marked a noteworthy shift in his earlier tone and themes of racial brotherhood to a more pointed critique of economic disparity in the country.

"There are two Americas," King told the vastly white crowd of spectators. "One America is...the habitat of millions of people who have food and material necessities for their bodies, culture and education for their minds, freedom and human dignity for their spirits.... But there is another America. This other America has a daily ugliness about it that transforms the buoyancy of hope into the fatigue of despair. In this other America, thousands and thousands of people, men in particular, walk the streets in search for jobs that do not exist.

"In this other America, millions of people are forced to live in vermin-filled, distressing housing conditions where they do not have the privilege of having wall-to-wall carpeting, but all too often, they end up with wall-to-wall rats and roaches."

King added: "Probably the most critical problem in the other America is the economic problem."

Video clips of the 1968 event will be shown at the anniversary program, moderated by Grosse Pointe resident Robert Bury, president of the Detroit Historical Society. Remarks by district Superintendent Gary Niehaus and others, including Valerie Kindle, Harper Woods mayor pro tem — who remembers the event firsthand — will be featured.

While Grosse Pointe remains among the more economically privileged

municipalities King spoke of 50 years ago, Fannon says part of the school district's goal is to make the city more diverse and inclusive.

"I would say we still have work to do, but this is a great community and I'm excited that under the leadership of Dr. Niehaus we have a diversity plan, and we are pursuing that," Fannon adds.

The district plans to incorporate themes discussed in the anniversary program as part of its ongoing curriculum. Among student participants in the commemorative event are youth who answered the question, "Is there still an 'other America?'" in the form of art, video or essays. Cash prizes will be awarded to students who display both creativity and critical understanding of the question, that includes addressing race, class, gender and sexual orientation issues that still divide society today.

Fannon says tickets, available for \$2 online and \$1 at the event, will generate funds to help support the district's diversity programming. Part of the overall strategy includes a goal of 50 percent staff meetings devoted to "diversity professional development" and student, staff, parent and community development of "equity activities," according to the official plan.

"More than anything I want people to leave with a sense of community and belonging," Fannon says. "I want people to know that this is a safe and welcoming community and we're working to be even more so."

For additional information about the 50th anniversary event, visit www.gpschools.org. 

TREES ARE TERRIFIC!

ARBOR WEEK WITH GROSSE POINTE WOODS TREE COMMISSION

By Lauren McGregor

The 2018 Arbor Week, which starts with Earth Day on April 22 and ends with Arbor Day on April 27, is a momentous one for the Grosse Pointe Woods Tree Commission. It marks the 40th year that the city has distributed trees.

In an effort to encourage the planting of trees on private property, the Tree Commission distributes tree root balls to all Woods third grade students during Arbor Week.

“We support the Department of Public Works (DPW) policy of encouraging a diversified urban forest to better withstand various tree afflictions by our tree selections,” says Tree Commission chair Steve Chan.

The Commission has more than succeeded on that front. To date, it has distributed 13,650 trees of various types. From 2012 to 2017 alone, the Commission has distributed Littleleaf Lindens, Red Maples, Swamp White Oaks, Northern Red Oaks, Eastern White Pines and Black Hills Spruce. Arbor Week 2018, with its distribution of 315 Kousa Dogwood tree root balls, will see that number increase to 13,965.

The distribution follows a “Trees are terrific!” poster contest and includes a presentation by a commission member. The presentation teaches children about the importance of trees, from above ground (with the help of Carly the Cardinal), to what goes on below ground.

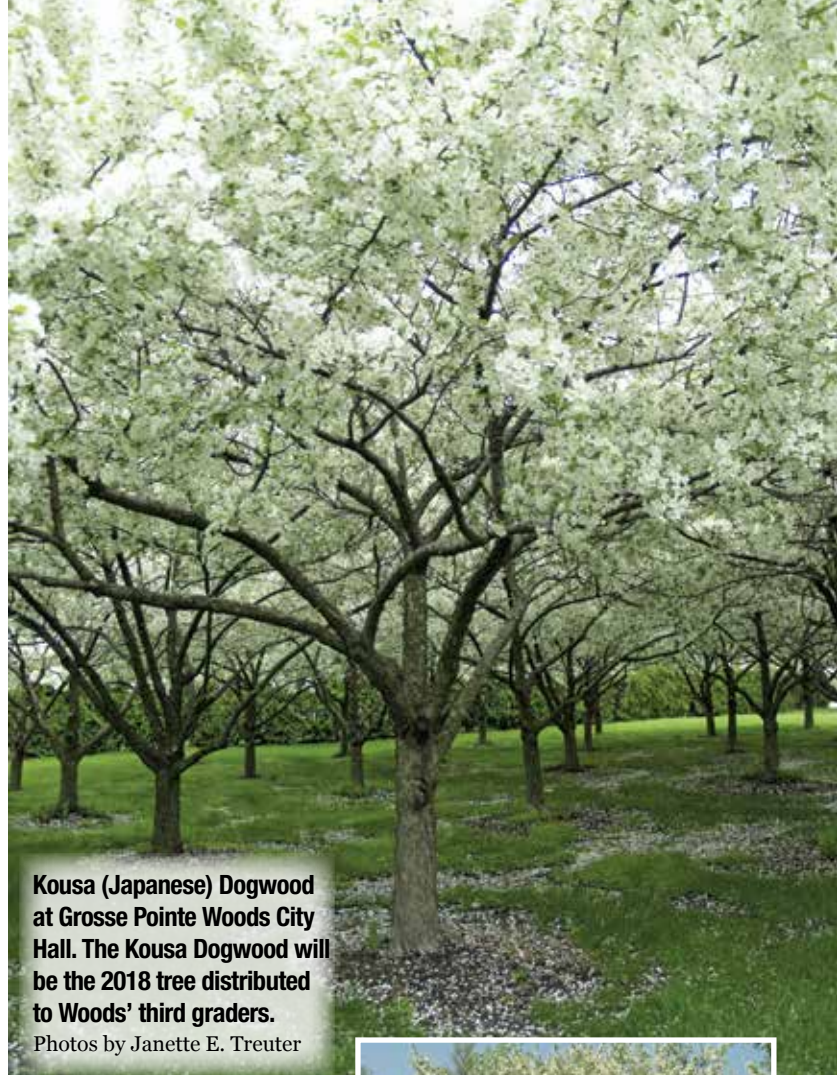
Bob Greening, who raised four children in the Woods and has been a Tree Commission member for 11 years, advises for the root balls, “Get hardware mesh, stake it. Protect it while it starts to grow.”

Chan illustrates the importance of protecting the young tree. “Of the three my children received, I cut down two with my lawn mower. In the beginning, it looks like an overgrown weed,” Chan laughs. “The only reason the third survived was my son stood in front of it.”

Like Greening, Chan sent four children to Grosse Pointe Public Schools in the Woods and credits the distribution program with inspiring him to join the Commission.

“My three younger children received trees (at Ferry Elementary School). Trees add to the sense of community,” Chan says. “When my son came back from his first deployment in Iraq, he said his vision of home had always included trees. It was an integral part of growing up in Grosse Pointe Woods. Trees become a part of cherished memories.”

Another program the Tree Commission runs is Memorial Trees. Memorial Trees may be purchased through DPW for \$280, which includes the tree and a brick marker with a three-line dedication. The 36th Annual Memorial Tree Dedication Ceremony will take place Wednesday, April 4 at the Woods



Kousa (Japanese) Dogwood at Grosse Pointe Woods City Hall. The Kousa Dogwood will be the 2018 tree distributed to Woods' third graders.

Photos by Janette E. Treuter

Community Center.

Much has changed since the Commission's early days.

“We stopped offering elm after the Dutch Elm Disease,” says Greening. “Though it looks nice, archway trees, like the elm, spread disease, wiping them all out.”

They are also working with little funding these days. “Currently there is no budget for the DPW to plant trees along the streets due to financial constraints on City operations,” explains Chan. “Right now, it is all through grants. Last year saw the planting of several trees thanks to the 2017 DTE Tree Grant Program.”

The Tree Commission is comprised of 11 members (and a council member representative), with no current vacancies. Those interested in joining the Tree Commission can submit an application at City Hall. All are invited to meetings, which are held at City Hall the first Wednesday of every month, except January, July and August.

Chan adds, “Grosse Pointe Woods Tree Commission is merely part of a broader effort by the leaders of our city to reach our community through citizen volunteers to enhance what it means to live here.”



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Pear Trellis Rust

A recent discovery is trellis rust, a European fungus that attacks pear trees. Pear trellis rust is caused by the fungus *Gymnosporangium fuscum*. The fungus requires two alternate hosts to complete its life cycle. It overwinters on the twigs of juniper species and in early spring it infects newly developed leaves of pear tree species. The pear trellis rust fungus has been introduced to southern Ontario in recent years.

Hosts and Damage

All species of pear are susceptible to the disease. There is no resistance observed on any ornamental pear species or varieties.

In May and June during warm, humid and rainy weather, the fungal spores spread from juniper to pear by wind. At the early stages of the disease, the infected pear leaves show small orange spots.

In early summer, the spots enlarge and become bright orange and later red lesions. In late summer, the underside of these lesions begin to swell and form a number of blisters. Spores released from these blisters are carried by wind back to juniper.



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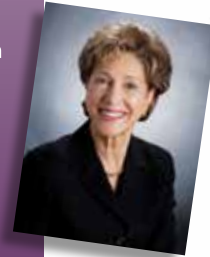
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RIGHT @ HOME

Gardens of learning

By Virginia Ficarra

The power of color in interior design is obvious, but what about the power of color in outdoor design? Even in nature's design?

Over the past 30 years, children have moved indoors, and disconnected from the natural world. Spring is around the corner and we need to get started on encouraging outdoor activities. Gardening is a fun, active project and has a nutritious component of healthy eating. Above all, it is a "hands-on" opportunity to build responsibility, math, science and environmental skills.

Healthy nutritious eating habits, patterns and preferences are established early on in childhood. Even grocery shopping with babies in the produce aisles begins a promising education. Colors play a significant role in attracting their attention, red often being the most enticing color. Here, fruits and vegetables are a rainbow of colors and

indicate different nutrient profiles. From infancy through childhood, children engage with the brighter colors around them. Interest started in the produce aisle can end up in the garden.

Designing family fun in the garden

Around this tree, right, is a tiny village designed and cared for by neighborhood children. Each spring they love to care for and play with it by adding beautiful little fairy houses and garden ornaments. This tree and it's little garden base become a place for their imagination outdoors.

It was several years ago when another garden project turned into a most delightful lesson. It was on the former grounds of the Children's Home of Detroit on Cook Rd. in Grosse Pointe Woods. With a stick and string, we measured out an eight-foot circular pizza garden. Each wedge was measured out for peppers, tomatoes, onions and basil, and remaining wedges were salad greens and strawberries for dessert. Getting their hands dirty was half of the fun. Watering was easy and uprooting the carrots and potatoes was like finding a hidden treasure.

Learning gardens are not only for children. This multifaceted garden design, right, is currently under construction. It is an ecological herbal garden and contemplative path for holistic walks.


Let's see your ideas for gardens. We would love to share them with the community. For more information regarding aesthetic and healing environments, contact Virginia Ficarra at colorwizard@me.com. 



Photo by Andrew Meier Photography, courtesy of Virginia Ficarra



Photos by Virginia Ficarra

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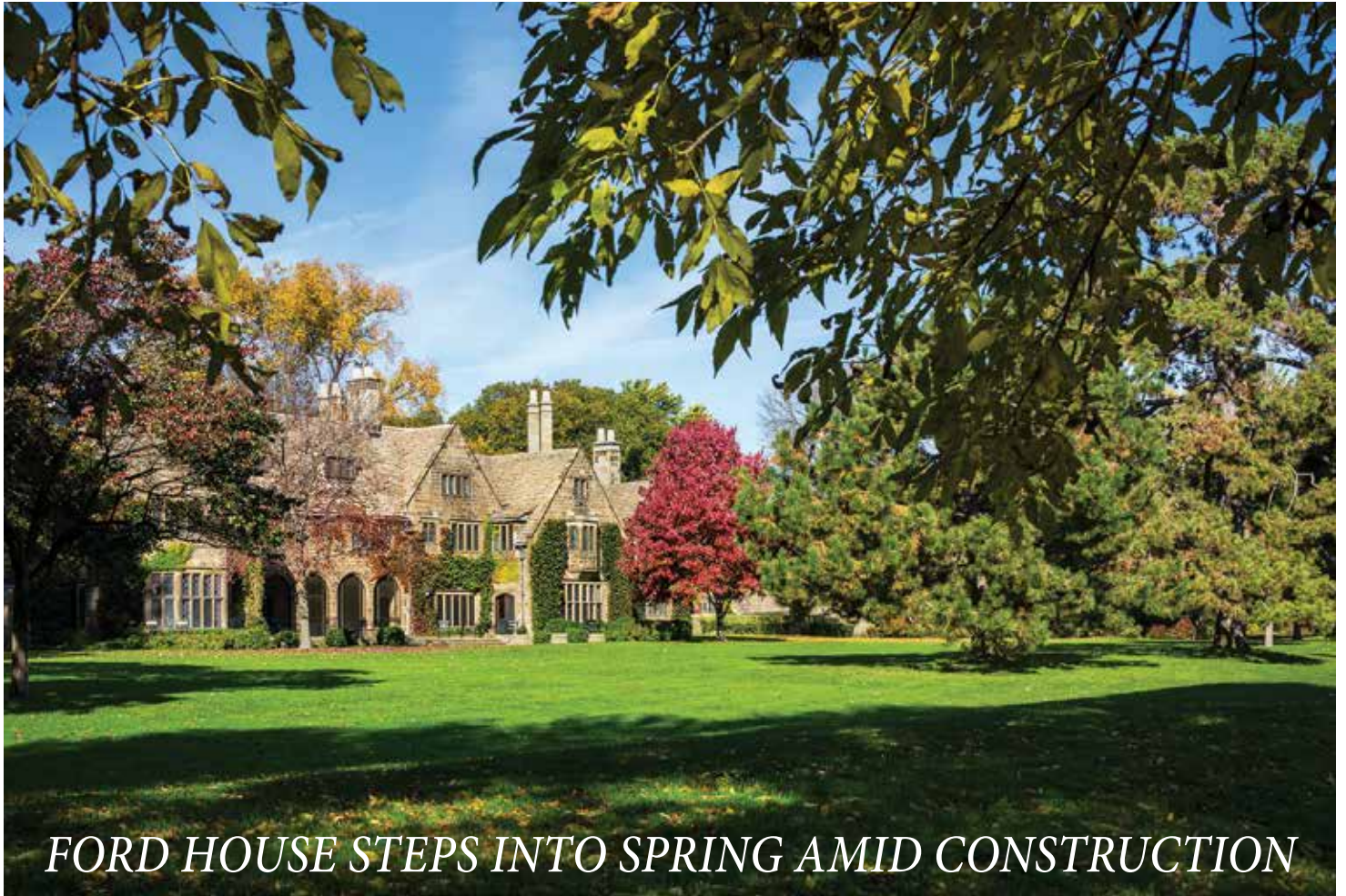
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FORD HOUSE STEPS INTO SPRING AMID CONSTRUCTION

By Anne Erickson

How will the current Ford House construction impact the fun events and happenings that usually take place on the property?

Thankfully, the seasonal Ford House schedule won't change much.

"Our spring and summer events and programs will go on as planned," says Ann Fitzpatrick, vice president of communications at Ford House.

"The large events on the grounds, including Welcome Back Birds, Michigan Humane Society's Mutt March, DIO's Eyes on Design car show, Fairy Tale Festival, Grosse Pointe Chamber's Legacy on the Lake and DSO at Ford House, will all continue as in the past, as we have the lot across Lake Shore to use as parking," she adds.

Bird Island will remain open throughout the construction and offer a new path to lead visitors out to the island. The Ford House tours will also remain the same.

For the daily visitor, the biggest difference is not having the Visitor Center and parking lot. But, there is a new, temporary visitor arrival location inside the historic garage.

"The only amenity we couldn't offer on a temporary basis


is food service while the Cotswold Café is closed," Ann Fitzpatrick explains. "For our members, we have worked with generous local restaurants who are offering discounts on dining to our members while the Café is closed."

The Ford House construction is expected to be completed in the summer of 2019.

"The new buildings will enhance visitor experience, preserve the historic core of this National Historic Landmark and expand our environmental focus using best sustainability practices," Fitzpatrick says.

Spring and summer bring a special time at the Ford House.

"When the grounds awaken with wildflowers and there is a mass of blue scilla and yellow daffodils, plus all of the flowering trees," Fitzpatrick says, "it's such a wonderful welcome after our Michigan winters. It's the perfect time to take a bird walk and see the returning migratory birds."

"The summer brings blooms in the beautiful rose garden and flower lane," she adds. "But regardless of the season, coming for a stroll on the grounds, to picnic by the lake and watch the boats go by is truly a wonderful escape right here in our own backyard." 

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The Artifact Room



at home in the Pointes

*M*atthew, Gabriela, Marcus and Sofia Boddy opened their doors for a look inside their extraordinary home for the first in what will become a *Pointe Magazine* series: *At Home in the Pointes*. “Our house was built in the late 1960s. We bought it in 2014 from the original owner, the man who built the house,” explains Gaby Boddy.

The Foyer

“When you come into our house, the foyer is like a small art gallery. We have a Klimt reproduction of a piece we both have always loved, ‘The Kiss.’ We saw this specific one in San Francisco and it came home with us.

Also in the foyer, you will find two pieces that inspire a feel of city life. One is a semblance of a block in Europe and the other one is a skyline reflected on water. It could be any city and that makes it amazing.

On top of the foyer table we have a vase that we bought when we just got to China, where we lived for two years. We didn’t understand back then why the seller wanted to sell us

two identical vases. He was very serious about the fact that we could not buy one without the other. We finally convinced him, but as I continued my life in China, I understood that for the Chinese it’s all about balance. In other words, one vase needs the other one. Now I have it at the entrance of the house to remind me to always strive for balance in our lives.”



The Foyer

Living Room



Dining Room



Kitchen



A Memory Album

“Our house is like a memory album. There are many artists in the family so we have some of their pieces. There are beautiful things from our travels and treasures that we have found at estate sales that had their original story and now have become part of ours. I like those pieces because they represent a fragment of the history of Grosse Pointe.

We also of course have many pictures from our children’s lives and from our lives as a couple. Everything is a reminder of what we have lived and learned.”

Kitchen and Dining Room

“The kitchen is the heart of the home and it is where, beyond my understanding, everybody ends up.

The other theme in our house, aside from our love of travel, is to follow your own path. We have several paintings in the dining room that show a path into the woods. I like that

or read. I made two spaces precisely for those reasons. It is a very cozy area to be in.

The living room is to me both comfortable and serene and our main idea was to have enough seating for all our friends to enjoy. You will find, as throughout the house, photos and objects from our travels.”

The Artifact Room

“Finally, tucked at the back of the house is what we call ‘the artifact room,’ a very comfortable sitting area surrounded by the bigger pieces we have found on our adventures.

There is a lot from my heritage because the culture in Mexico is vast and many different arts are developed in different regions, but my three favorite things in that room are: the terracotta warrior, brought from Xi’an in China, The Book of the Dead we found in Cairo, Egypt and the Mayan mask of the jaguar warrior we fell in love with in Chichen Itza, Mexico.

Many of the tables that I have used to showcase our collection are beautiful antiques that I have found in estate sales.

I guess everything that comes into our house enters with a story or leaves with one and we strive for it to be an inviting place we are always happy to come home to and share with our family and friends.”



Family Room



because Michigan has so many woody areas and even when the paths are not clear the art encourages us to persevere.

We have a beautiful chandelier in the entrance and another one in the dining room that my father-in-law, an amazing electrician, rewired completely. To this day, every time he sees it he tells me how that chandelier was wired like a blindfolded person did it.”

Family Room and Living Room

“The family room is divided in two. Our family has many hobbies but when we are at home we like to watch movies

The Artifact Room (and left)





Easter egg fun in each city

Saturday, March 24

Grosse Pointe Farms

The Annual Easter Egg Hunt at Pier Park will feature a special appearance by the Easter Bunny, multiple age groups looking for hidden golden eggs and chocolate bunnies for the first 250 children! Allergy friendly snacks will be available and remember to bring your Easter basket. The hunt begins at 10 a.m.

Grosse Pointe Park

Children 10 years old and under are invited to the outdoor Egg Scramble at Patterson Park. New this year, colored “marshmallows” dropped from the sky by helicopter!

Egg collection bags will be provided as the children arrive. After the drop, children will exchange their marshmallow filled bags for goodie bags at the tents. Each drop will have six golden eggs and those who find them will receive a special prize!

The Easter Bunny will also be on hand for pictures along with costumed characters and pony rides. Tickets are \$10 per child and will be available through March 23 at the Lavins Activity Center front desk.

The scramble will begin promptly at 12 p.m. for ages 1 to 5 and at 12:15 p.m. for ages 6 to 10. Families with children in both age categories can choose to participate in one drop, but it must be the 12:15 p.m. drop time.

Grosse Pointe Shores

The Shores’ Easter Egg Hunt at Grosse Pointe Shores Municipal Park will feature pony rides, a petting zoo, face painting and Easter Bunny visits!

Tickets are \$5 per child (ages 10 and under), required, and may be purchased at Grosse Pointe Shores Village Offices, by calling (313) 881-6565 or at the gate the day of the egg hunt. Festivities are 10 a.m. to 11:30 a.m.

Grosse Pointe Woods

Elementary school-age children are invited to a special Easter Egg Stroll at Lake Front Park.

Each child is given a collection bag before they start off on the Bunny Trail, picking up eggs along the way. At the end of the trail, children turn in their eggs for a special treat bag and visit with Peter Cottontail himself. Adults are reminded to bring their cameras to capture these precious moments.

Space is limited for the Easter Egg Stroll, so be sure to get your reservations early at the Community Center or online. Tickets are \$5 per child.

The strolls begin at 10 a.m. and are scheduled every 15 minutes until 11:45 a.m.

Thursday, March 29


Grosse Pointe City

The 14th Annual Spring Egg Hunt will take place at Neff Park, where children of all ages are welcome to collect the eggs scattered throughout the park and redeem them for a candy bag and a chance to win a prize!

Peter Cottontail will visit, so bring your camera for an opportunity to get a picture with him. All those who visit him will also get a chocolate sucker.

Once again, there will be Golden Eggs hidden throughout the park. Those who find one of these special eggs will receive a special prize!

The hunt is \$5 per child and no outside baskets will be allowed. Park passes are required. Festivities begin at 5 p.m.

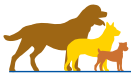


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Meet Sheila



Name	Sheila O'Hara
City	Grosse Pointe Farms
Occupation	Director of Production, Avanti Press Inc; President, The Moross Greenway Project

Sheila's Favorites

Season

I love all of the seasons, that's why I love Michigan!

Music Genre

Indie/Alt Rock

Spot in Grosse Pointe

Pier Park, having a picnic while watching freighters and sailboats

Book

All the Light We Cannot See and most historical fiction

Restaurant

Bucci

Food

Anything Italian

Movie

A Room with a View

Vacation

Summer on the Leelanau Peninsula

Website

Morossgreenway.org of course!

What is your favorite thing about living in Grosse Pointe?

I love the lake, the parks, convenient shopping and the wonderful people in our community who regularly pull together to support one another.

What is the best trip you've ever taken?

The Amalfi Coast, especially the town of Ravello

What is one thing most people don't know about you?

I'm terrified of heights. Once, just watching a documentary of the construction of the Empire State Building made me so woozy I had to turn it off!

What are two of your best personality traits?

Tenacity and a sense of humor

What is the best gift you've ever received?

Several years ago I received a small inheritance from a beloved uncle, which allowed me to buy a little Thunderbird. I think of him and smile every time I drive with the top down!

You win the million dollar lottery. What do you do?

I would take care of family and friends with homes, education and retirement. Then I would invest to create an endowment for the ongoing maintenance of The Moross Greenway Project.

What accomplishment are you most proud of?

Being a part of the volunteer committee for The Moross Greenway Project. Proof that with teamwork and tenacity you can do anything!

Words to live by?

"Faith is believing one of two things will happen: That you will have something solid to stand on, or that you will be taught to fly."

About Sheila

"I'm really a 'homebody.' I love working in and enjoying my garden. I like to cook and hang out with family and friends either at home or at Pier Park, and I spend a lot of time with my Golden Retriever and best friend Fiona. I really enjoy being part of the community as part of the Farms Beautification Committee and a volunteer with The Moross Greenway Project."

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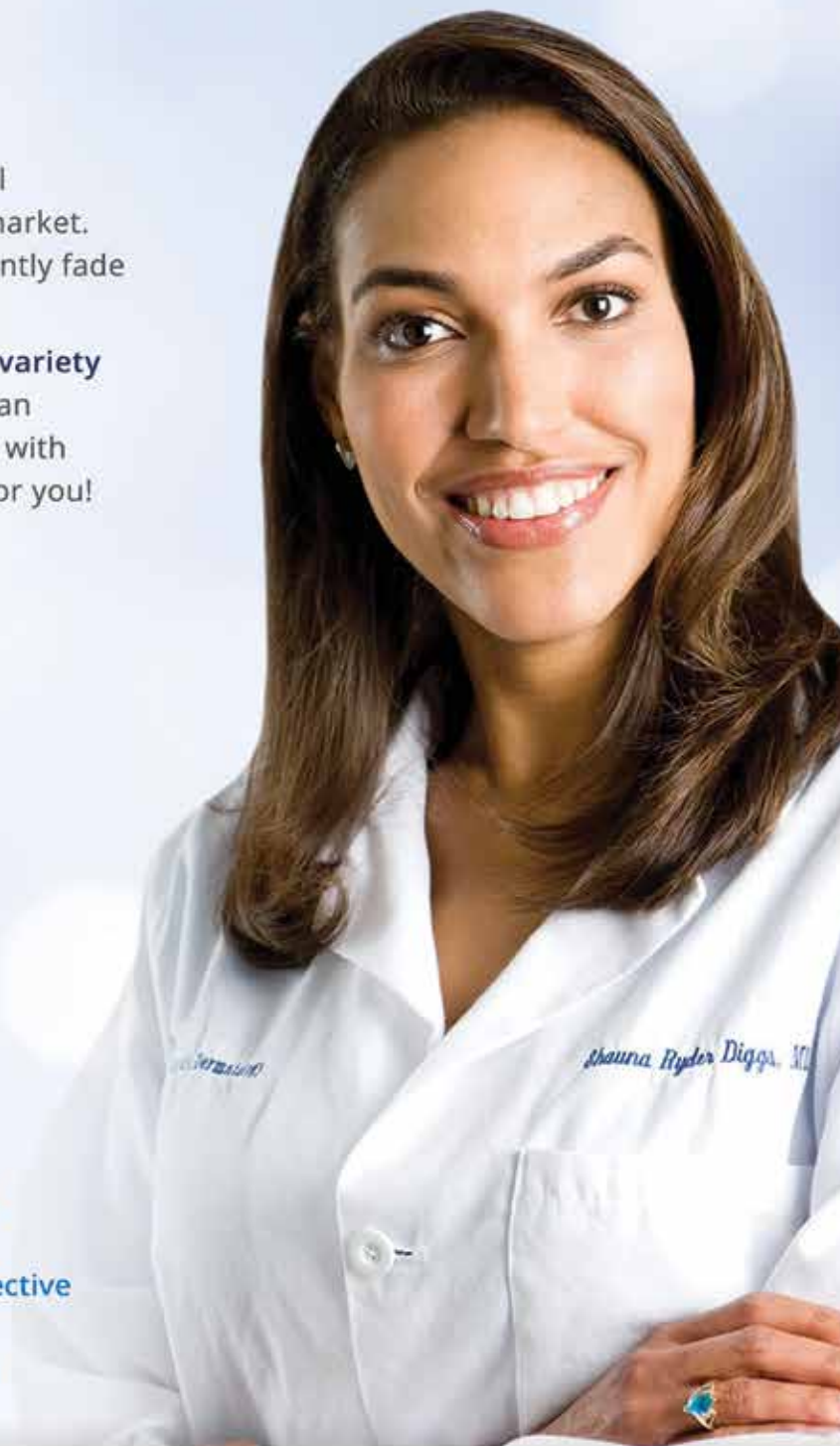
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POINTE | financial planner We've moved!

By Lina Bowman

2018 is proving to be an exciting time. Financial markets have been reaching all-time highs, and volatility is back with a vengeance. In addition, both interest and inflation rates appear to be on the rise again after years of lying dormant. And of course, we're all trying to understand how the new tax laws will affect us now and how they'll impact our future financial decisions.



But this year is also an exciting time for me professionally. After an almost two-year search, I've finally moved my office (of 20 years!) to what I believe is a great location for my clients, both current and new.

Moving is a big job and not one to take lightly. In retirement many people may think about moving but in the end may decide to stay in their own home, especially if family, friends and loved ones are nearby. Some consider downsizing to a smaller home, assuming there'll be property tax savings but forget about caps on property tax rates or how a home's taxable assessed value usually resets upon changing ownership. And most of us want to "age in place" meaning living out our life in our own home safely, independently and comfortably regardless of age, income or ability level.

All this requires planning and putting together a financial plan may help you fulfill your wishes. Call us today to visit our new office and schedule your complementary financial and estate plan review!

Lina Bowman is a financial adviser in Grosse Pointe. She can be reached at (313) 343-0800 or Lina@BowmanAsset.com.

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Don't mentally lock yourself out

By Anna Bartolotta

As a property manager or an owner of rental units, you must have the proper attitude when dealing with people on a day-to-day basis. There are times when you can become extremely frustrated, but you must let it go and move forward. Having the proper outlook on life is key especially in this business we have chosen to dedicate our lives to.



We are here to help. Whenever possible — tenants, co-workers, family members, other owners, neighbors — we help! If a tenant calls and reports that they are locked out of their home, we attempt to help. If a handyman, myself or another employee is around, we can help; we even try to think outside the box.

If there isn't anyone available or not in the area, unfortunately, it is the tenant's responsibility to call a locksmith at that point. A locksmith bill can be hefty; the tenant will eventually get into their home, but at a larger cost to them.

When the tenant calls you to relay their tragedy (whatever it may be), they could become extremely angry about it and even take an accusing tone with you, the person trying to help them. Try and remember when you were ever in that position, take a breath and then do what you can for them. You are the professional and hopefully, if you keep calm others will follow.

Anna Bartolotta is owner of Grosse Pointe Apartments and Property Management. This area's only dedicated, full service, full time rental agency staffed with licensed agents.

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Give those gums a good workout!

By Ken Welch

Spring is finally here: time to ramp up your training routine. You want to look your best for summer and stay healthy along the way. Does that include your teeth and gums?

People generally don't consider dental care as part of a healthy workout program, but the two go together.

Bad breath is the least of it. In recent years there have been more and more studies showing the link between heart disease, heart attacks and strokes and poor dental habits.

It's not only about working out to keep yourself healthy anymore.

Basically, it goes like this: It looks like the link between periodontal disease and heart disease is that the same bacteria and inflammation is found in both diseases.

Bacteria in infected gum tissue around teeth break down the barrier between the gums and the underlying connective tissue, causing inflammation. Your gums are very vascular, meaning they're full of blood vessels. Your mouth is full of bacteria. If you disrupt the gum layer even a little bit by normal chewing or brushing, you're going to get bacteria in your bloodstream that can go anywhere and trigger inflammation throughout the body. Inflammation is one of the main things that causes damage to blood vessels, including those of the heart.

Thus: Gum Inflammation = Artery Inflammation = Heart Attack or Stroke.

Ken Welch is owner and trainer at Pointe Fitness on Harper south of Allard. Online: pointefitness.com.



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Water, water everywhere

By Dr. Saima A. Khan

Everyone knows water is the very stuff of life. But how much do we need? Can one drink too much?

Dehydration — when one has inadequate water (and sometimes salts, a.k.a. “electrolytes”) — is quite common. Dehydration impairs your thinking, coordination and your ability to regulate body temperature (one is easily chilled in winter and subject to heat stroke, etc., in summer) and leaves you weak.



For our elders, dehydration easily leads to confusion and falls. Appearance suffers at any age — dry, peeling lips, dry skin, and sunken cheeks are simply not attractive.

On average women need about three quarts per day, and men four. More is needed if you exercise, it is hot or humid, you drink alcohol, or if one is at high altitude, ill or pregnant. Moderate amounts of caffeine are not dehydrating.

Special attention to hydration is essential if you exercise vigorously more than an hour or if illness includes vomiting or diarrhea. Then replace lost salts and water both with electrolyte drinks, using sports (not “energy”) drinks if you need their high sugar content.

Too much water can be dangerous and even fatal, too, so drink no more than a quart per hour. Moderation and common sense go a long way.

Surprisingly, thirst is NOT an accurate indicator of dehydration! Urine color and volume of your urine is. You should pass a large volume that is straw colored or lighter. Drink up!

Dr. Saima A. Khan, MD, MPH grew up in Grosse Pointe Farms and lives in the Woods with her husband and three daughters. She practices internal medicine in Warren, 28351 Schoenherr, (586) 393-6500.

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TAU BETA SPRING MARKET



Shop the latest spring styles and trends at Tau Beta’s Annual Spring Market at the Grosse Pointe Club, 6 Berkshire Place in Grosse Pointe Farms, April 19-21. More than 20 specialty boutiques from across the country will display their finest goods ranging from unique jewelry, clothing for men, women and children, as well as home accents and more.

Get a sneak peek during the Preview Party and Raffle on Thursday, April 19, 6-9 p.m. Tickets to the Preview Party are \$75 per person in advance and \$85 at the door. Cocktails and hors d’oeuvres will be served. The ever-popular Preview Party Raffle will once again feature items that are sure to draw everyone’s attention, from fine jewelry to a night out at the DSO to skin care products and much more.

Spring Market shopping days continue on Friday, April 20, 9:30 a.m. - 7 p.m. as well as Saturday, April 21, 9:30 a.m. - 3:30 p.m. Guests can enjoy a cash-only buffet lunch in the Spring Market café, 11:30 a.m. - 2:30 p.m.

On Friday, from 4 p.m. to 7 p.m., “Spring Market-tinis” will replace the “Margaritas and More” event from years past. Guests attending the Preview Party will receive a

drink ticket for the “Spring Market-tinis” event where there will be a drawing for a B. May bag donated by Girlie Girl. In addition, a cash bar will be open for guests to enjoy a cocktail while shopping.

There is still time to support the Spring Market and Children’s Center through three different sponsorship levels: Gold (\$6,000), Silver (\$3,000) and Bronze (\$1,500). Visit www.taubeta.org/corporatesponsorship/ for more information on sponsorships.

All proceeds from this shopping extravaganza are donated to the Children’s Center of Detroit. Since 2004, Tau Beta has contributed more than \$1.2 Million to the Children’s Center whose mission is “to help children and families shape their own future.”

For more information about Spring Market shopping days, preview party/raffle tickets, sponsorships and vendors, visit www.facebook.com/tbspringmarket or www.taubeta.org (click on Spring Market). Tau Beta’s e-mail address is springmarket@taubeta.org. For more information about the Children’s Center, visit www.thechildrenscenter.com. 



Top, Carrie Dunham handbags and Bird Dog Bay shirts; above, 2018 Tau Beta Spring Market Committee, front row, Anne Ugval, Patsy Gotfredson, Vicki Liggett, Melissa Hurley and Betsy Huebner, second row, Liz Ottaway, Lil Rinke, Mary Farley, Paula Cornwall, Sue Griffin, Ginger Hrtanek and Natalie Zoufal, back row, Kelley Muzingo, Nicole Henry, Leslie Rajewski, Cathy Crane, Muffy Milligan, Liz Griffith, Jenny Parke, Yolanda Turner and Kate Adams; not pictured: Jana Brownell, Lisa Budnick, Clare Conway, Jo Marie Faust, Jennifer Fozo, Tina Griffin, Gretchen Higbie, Patty Ilitch, Mary Beth Oles, Wendy Richards, Catherine Shell, Amie Sweeney and Sharon Wacker

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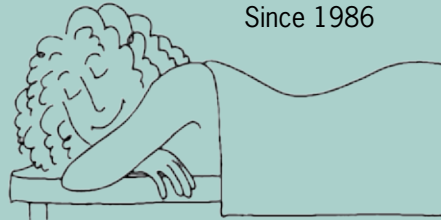
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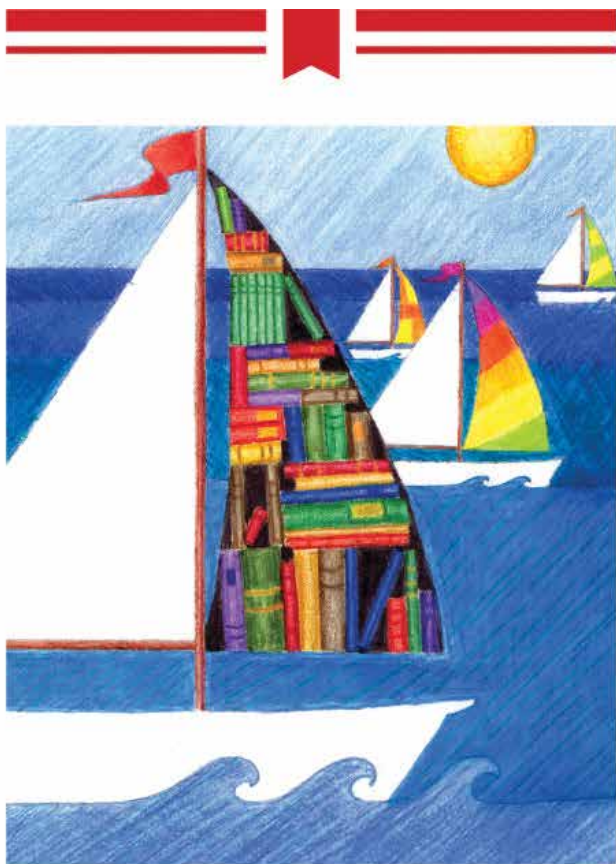


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BOOKS ON THE LAKE

By Beth Quinn

The Grosse Pointe Public Library's most anxiously awaited literary event, Books-on-the-Lake, will be held on Saturday, May 5 at the Grosse Pointe Yacht Club.

Breaking from the past of including local authors, this year's event will showcase three nationally recognized writers. The speakers will be Garth Stein, Meg Gardiner and Yaa Gyasi.

"Every year, our librarians come up with a wish list of authors," says library executive director Jessica Keyser. "Luckily this year, we were able to book three dynamic national authors who will appeal to different readers of different taste."

The sit-down luncheon will start at 11:30 a.m. during which authors will individually speak for approximately 20 minutes about their books, writing process, life experiences and

inspirations. Immediately following the luncheon, they will be available to meet guests and sign books. Attendees may bring their own books or purchase books on-site.

Stein's blockbuster, *The Art of Racing in the Rain* sold more than four million copies in 35 languages and was on the New York Times bestseller list for more than three years. In addition to being a novelist, Stein is a playwright and documentary filmmaker. He is the co-founder of Seattle7Writers, a non-profit organization dedicated to providing funding, programming and donations of free books to people in need.

Gardiner is the author of *China Lake* which won the 2009 Edgar Award for best paperback original and was a finalist for National Public Radio's 100 Best Thrillers Ever. Her passion for the crime thriller genre has inspired her to pen 14 novels, as well as numerous short stories and essays. Not only is Gardiner a graduate of Stanford University's undergraduate and law schools, she is a three-time "Jeopardy!" champion.

Fellow Stanford alumnae Gyasi is a recipient of the National Book Foundation's 2016 "5 Under 35" award. Her debut novel and NYT bestseller *Homegoing* has won many literary awards, including the 2017 PEN/Hemingway Award for debut fiction, the 2017 National Book Critics Circle's Johan Leonard First Book Prize and the 2017 American Book Award.

Books-on-the-Lake is made possible by the Grosse Pointe Library Foundation in partnership with Wayne County Community College District and Friends of the Grosse Pointe Public Library.

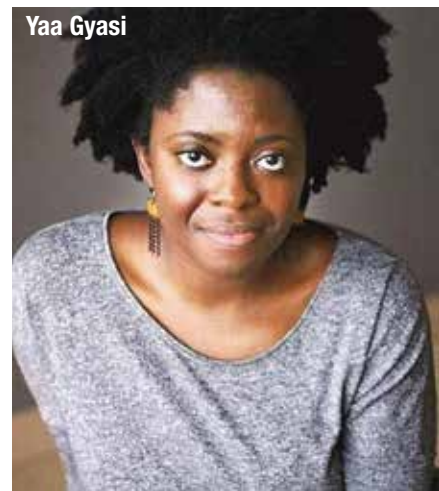
Tickets are \$40 per person and will be available starting at 9 a.m. Saturday, April 7 at GPPL Central Branch. Tables will be assigned upon purchase of tickets in order to accommodate attendees wishing to sit together. [P](#)



Garth Stein



Meg Gardiner



Yaa Gyasi

Wanted: Scholars who like to sail

By Ted Everingham

\$18,000! That's the minimum amount of scholarship money that will be awarded by the Grosse Pointe Youth Nautical Education Foundation (GPYNEF) this year to young sailors to help them with college expenses.

The GPYNEF scholarship program was launched in 2012 with a mission to encourage young women and men to become actively involved in sailing and thereby to acquire knowledge and skills that will serve them throughout their lives in all that they do. Five \$1,000 scholarships were awarded that first year. Up to twelve \$1,500 scholarships will be presented this Spring for the 2018-19 academic year.

High school seniors and college/university students who will attend college or university classes in the 2018-19 academic year are eligible to apply for the scholarships provided they have participated in a high school or club sailing program in the area defined in the Scholarship Application Instructions.

Besides two original essays on topics prescribed by GPYNEF and the applicant's academic achievement, including both GPA results for grades 9 through mid-term of grade 12 and ACT or SAT score, the judges look at the applicant's sailing experience with the most weight given to participation and leadership during the high school years. Race results are not considered.

The 2018 Scholarship Application Form and detailed instructions and other information are available at the GPYNEF website (gpynef.org). The deadline for completed applications and all required documentation is April 1.

Ted Everingham is past commodore of Bayview Yacht Club and is on the board of the Grosse Pointe Youth Nautical Education Foundation.



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MACK AVENUE RECORDS ACHIEVES HIGH-STYLE KUDOS IN JAZZ

By Melissa Walsh

Harper Woods-based Mack Avenue Records can boast numerous jazz accolades since its founding 20 years ago, but none as grandiose as a record eight Grammy nominations at the 60th Grammy Awards January 28, 2018, resulting in three wins.

“We had eight nominations in five categories,” says Mack Avenue Records CEO Tom Robinson. “In three of the categories we were competing against ourselves.”

The label had two nominees in the categories of Best Jazz Vocal Album, Best Jazz Instrumental Album and Best Large Jazz Ensemble Album. Cecile McLorin Salvant won Best Jazz Vocal Album for “Dreams and Daggers.” Billy Childs won Best Jazz Instrumental Album for “Rebirth.” Christian McBride won Best Large Jazz Ensemble Album for “Bringin’ It.”

This year’s nominees were Raul Midon for Best Jazz Vocal Album, “Bad Ass and Blind;” John Beasley for Best Large Jazz Ensemble Album, “MONK’estra Vol 2,” and for Best Arrangement, Instrumental or A Capella, “Ugly Beauty/Pannonica;” Joey DeFrancesco & the People for Best Jazz Instrumental Album, “Project Freedom;” and Billy Childs for Best Improvised Jazz Solo, “Dance of Shiva.”

“This is a result of Gretchen Valade’s dedication to produce the best quality jazz music that we could possibly produce,” says Robinson.

The label was borne June 8, 1998, out of Farms resident Gretchen Valade’s love for jazz and her desire to give young jazz talent and seasoned jazz veterans from across the nation high quality recording production and distribution.

The label was conceived with several songs written by

Valade, when her daughter, Gretchen Garth, played demos of her mother’s songs for boyfriend and music producer Stix Hooper. Beginning with “When I Need to Smile,” performed by Eugene Maslov, Hooper suggested Valade launch her own label.

“I was stunned by our success,” says Valade. “I thought we would stay in there but never thought we’d be much above average.”

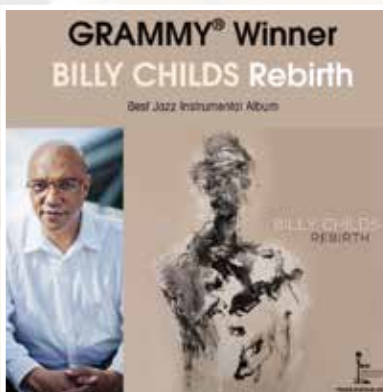
The label includes the imprints Artistry Music, Rendezvous Music, Sly Dog Records, and Detroit Music Factory — the latter directed by Valade as a means of opening up opportunity to local jazz talent.

Other Mack Avenue Records distinctions include NAACP Image and American Association of Independent Music Libera awards.

A momentous force in Detroit’s jazz business, Valade, 93, became primary sponsor of the annual Detroit Jazz Festival in 2005. She has also donated \$9.5 million to jazz programs and performing spaces at Wayne State University. [P](#)



The Recording Academy honored Mack Avenue Records founder, Gretchen Valade with this award for achieving the most Grammy nominations for an independent label in any musical genre in a single year.



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Women's Summit

AAUW (American Association of University Women) of Michigan, Grosse Pointe is presenting its first ever Women's Summit Saturday, April 21 at the First English Evangelical Lutheran Church at 800 Vernier, Grosse Pointe Woods at 9 a.m.

This event marks the first in what AAUW members hope will be an annual fundraising event for scholarship funds. They look forward to growing the event into one that addresses the needs of women in the community, the city, the tri-county and the state.

"We're proud to announce this year's summit will be a panel of women who have experience in STEM professions," says summit chair Sandra Stanley. "We live in a state where, this year, science, technology, engineering and mathematics training will be required for 274,000 jobs that will be created. Women are very underrepresented in the STEM fields. AAUW of Michigan, Grosse Pointe Branch is very happy to support the Gear Girlz First Lego League at Defer Elementary and we hope that, with community support for our fundraisers, we will be able to expand the support to other schools and girls' teams as well."

Summit panelists include Pam Turner, former director of Detroit Water and Sewerage; Suzy Elfshawy, director of development, Quality Assurance & Production Support, Billhighway; and Dr. Evon Ereifej, fellow at Case Western University. The panel moderator is Beth Chappell, immediate past president of the Detroit Economics Club.

The program will begin with a historical timeline

presentation of important contributions made by women and followed by a panel discussion focused on advancing equity in the workplace.

"In the words of Madeleine Albright, 'It took me quite a long time to develop a voice, and now that I have it, I am not going to be silent.' It is the goal of AAUW to empower the voice, energize the action and equalize the playing field," says Stanley.

Entry is \$30 per person or \$200 for a table of eight. To register, visit www.grossepointe-mi.aauw.net.

54th Annual Used Book Sale

The 54th Annual Used Book Sale will open its doors at the First English Evangelical Lutheran Church in Grosse Pointe Woods, Wednesday, May 16 and run through Friday, May 18. Collections begin Monday, April 9 and run through Saturday, May 5 at the Grosse Pointe Woods Community Center and CVS in the Village on Kercheval (and not at Kroger on Marter as in 2017). For \$10, guests can shop early on Tuesday, May 15 from 7 to 9 p.m.

The book sale will close one day earlier this year. Thursday will be half price day. Friday will be bag day. And there will be no Saturday hours.

"This will be the last annual used book sale for AAUW," says chair Mary Ellen Burke. "We will be focusing on the Women's Summit."

Fundraiser Gift Card Raffle

AAUW Grosse Pointe members have gathered a total of \$1,845 worth of gift cards for this spectacular raffle!

The raffle ticket has five prize packages with the gift card values being first to fifth prizes: \$565, \$460, \$370, \$275 and \$175 of gift cards. Participants have five chances to win on every \$5 ticket. The drawing will be held June 1 at Grosse Pointe Woods City Hall at 4 p.m. All are welcome to attend the drawing! Winners need not be present to win.

If you have any questions, please call, text or e-mail Diana Langlois, raffle chair, at (313) 690-1515, dilang58@comcast.net or Carolyn Barth at (313) 320-0808, barth1030@aol.com.

The AAUW Michigan, Grosse Pointe's mission is to advance equity for women and girls through advocacy, education, philanthropy and research.

All funds go to local scholarships, including the Defer Elementary STEM Project.

Sandra Stanley, Women's Summit chair, and Mary Ellen Burke, 54th Annual Used Book Sale chair





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Photo by Lauren McGregor

BEHIND THE SCENES: GROSSE POINTE THEATRE'S 70TH SEASON

By Jane Nordberg

In its 70th season, Grosse Pointe Theatre (GPT) has countless reasons to be proud. At its founding in 1947, the non-profit community theater had 30 members. Today, membership stands at more than 400, most of them actively involved volunteers.

"We have people who can swing a hammer, others who do our mailings, others who help sew the costumes; people from all walks of life, all ages and backgrounds," says Dale Pegg, currently a member-at-large who has been a vital part of GPT for 50 years. "We get new people every show who want to get involved, so we have an ever-expanding talent pool, and that's really one of the main reasons for our longevity."



Another key to GPT's success, adds board of directors president Jef Fisk, is its fan base. "We really can't say enough about our patrons," he says. "We have our dedicated season ticket holders and our devoted donors who never miss a show, and we're also seeing new faces every season, which is the best of both worlds."

The 2017-2018 season provided new opportunities for GPT, which had called The War Memorial home since 1962. The end of that relationship last year brought new partnerships with four local venues serving as hosts for this season's five major productions. The season began with *The Pirates of Penzance* at University Liggett School Auditorium in September and ends with the blockbuster *42nd Street* at the Christian A. Fenton Performing Arts Center at Grosse Pointe North High School this June.

Pierce Auditorium in Grosse Pointe Park and Grosse Pointe Woods Presbyterian Church round out the performance locations for the season. The latter hosted GPT's Purdon Studio Theatre's "black box" production of *Other Desert Cities* in February.

"We can match the production more to the venue as we move forward," Fisk says. "Each venue has its own benefits as far as stage and orchestra space, lighting, and other factors."

Play selection takes place roughly a year in advance by the board of directors, who then comprise a short list for its membership. From there, a director and producer are chosen, with the crew in quick succession. Stage crews vary with



Photos by Dale Pegg

Left, How to Succeed in Business Without Really Trying cast performing “Coffee Break;” below, Ron Otulakowski as Mr. Biggley and Kevin Fitzhenry as Finch; Deb Dworkin as Hedy, Amber Fullmer as Rosemary and Kevin Fitzhenry as Finch



each production, giving new faces a chance to participate. Auditions begin about eight to 12 weeks before the production, sometimes with a “sneak peek” workshop to help participants prepare for the audition. Meanwhile, scenery and set dressing is underway, with props chosen from GPT’s extensive collection.

“After 70 years, there’s not much we don’t have,” says executive director Linda Zublick. “We tend to be the go-to place for other theater groups who need props.”

Due to its seasoned volunteer base, most GPT productions run like clockwork with minor, if any, unforeseen circumstances. However, there have been some memorable moments.

During *Dracula*, a remote-controlled bat repeatedly got stuck on a wire on its way to the stage. After one performance of *My Fair Lady*, the crew arrived the next day to find a piano underwater, with flooding up to Row 7. And then there was the Grosse Pointe power outage of 1965, which affected the entire city during GPT’s production of *Kiss Me, Kate*. With no electricity, the crew was faced with canceling the show.

“Word got out to Detroit Edison, who sent out a generator so we could continue the performance,” Pegg says. “There are angels who understand that ‘the show must go on.’”

For information on tickets, volunteer opportunities, sponsorships or other ways to support Grosse Pointe Theatre, visit gpt.org or call (313) 881-4004. ☎

Behind the Scenes with *How to Succeed in Business Without Really Trying*

By Lauren McGregor

They’ve only been rehearsing in earnest for a couple of weeks, but I’ve already forgotten I’m not watching the finished product.

At 9 p.m. on a Wednesday, folks from across metro Detroit are gathered in the upstairs of what has been Grosse Pointe Theatre’s home for 37 years, making something special.

It’s difficult to keep myself from laughing out loud at every other line. Thankfully, other members who look on chuckle here and there, enjoying the process, and so I punctuate the rehearsal with my own laughter.

I can’t help myself during a rendition of “Coffee Break” in which the cast is literally falling over one another in desperation. They are out of coffee. I know the feeling.

Cast members not in the scene lounge on sofas nearby (one knitting!), giving the room an atmosphere of an enormous living room. But one in which serious work is being done. The actors seldom forget a line, but when they do, request “line” with a furrowed brow.

I recognize the exciting opportunity to sit in on a Grosse Pointe Theatre rehearsal. And I am hooked.

At the first act’s end, director Dennis Wickline has a list of items he would like corrected. I didn’t catch one of them in action. The level of perfectionism, balanced with a sense of community and camaraderie, must be why the theater’s legacy and reputation are so cemented here.

Choreographers Don Ross and Laurie Bilke Snyder explain the layout of the musical’s office set, specifically where the elevator will be. It’s an incredible undertaking, especially for the theater’s performance at a new location, this time Pierce Auditorium.

They use some props, but otherwise dance effortlessly around tape on the floor — lines, or boundaries, I didn’t notice until over an hour into rehearsal when one cast member stepped just beyond one. Apparently a big no.

If only for “A Secretary is Not a Toy,” it’s a show I am not going to miss. ☎

How to Succeed in Business Without Really Trying
Pierce Auditorium
March 11, 15-18, 22-24



Detroit Tigers Caravan stops at STAHL'S'

The history of sports and cars collided Thursday, Jan. 25, when the Detroit Tigers stopped by one of Michigan's greatest hidden treasures — the Stahls' Automotive Collection — for a tour of the museum and special presentation hosted by the Stahl family, founders of STAHL'S' and the Stahls' Automotive Foundation.

The Detroit Tigers players, local dignitaries and public safety officers, as well as STAHL'S' employees explored the collection's nearly 100 classic and vintage vehicles dating back to the 1880s, as well as the museum's rare music machines, including the largest dance organ in the world, the 1920 Gaudin 125-Key Dance Organ.

Detroit Tigers players also heat pressed an 85th anniversary jersey to present to STAHL'S', as well as a 50th anniversary jersey for Chesterfield Township Police Department.

Chris Lawson, CEO of STAHL'S', introduced STAHL'S' and highlighted the Stahls' Automotive Foundation's mission to educate and inspire people of all ages about vintage vehicles and memorabilia.

Detroit Tigers players and staff members set to attend included Rick Anderson, Phil Clark, Steve Liddle, Joe Vavra, Chad Bell, Ryan Carpenter, Michael Fulmer, Michael Gerber, Grayson Greiner, Gerson Moreno, Zac Reininger, Gregory Soto, Daniel Stumpf, Spencer Turnbull, Drew VerHagen, Alexis Wilson, Jordan Zimmermann, David Chadd, Vice President, Assistant GM, Dan Dickerson, Broadcaster, STAHL'S' President & CEO, Chris Lawson and Chesterfield



Township Supervisor, Daniel Acciavatti.

Based in Sterling Heights, STAHL'S' is the leading manufacturer in the garment decoration industry supplying everyone from the little leagues to the big league, and is a licensee of the MLB, along with other major sports leagues. The Stahls' Automotive Foundation is a non-profit organization based in Chesterfield, housing one of the rarest vintage vehicle and music machine collections in the nation. Grosse Pointe Woods resident Ted Stahl is the Executive Chairman of the Board of GroupeSTAHL. [P](#)

Photos by John McTaggart

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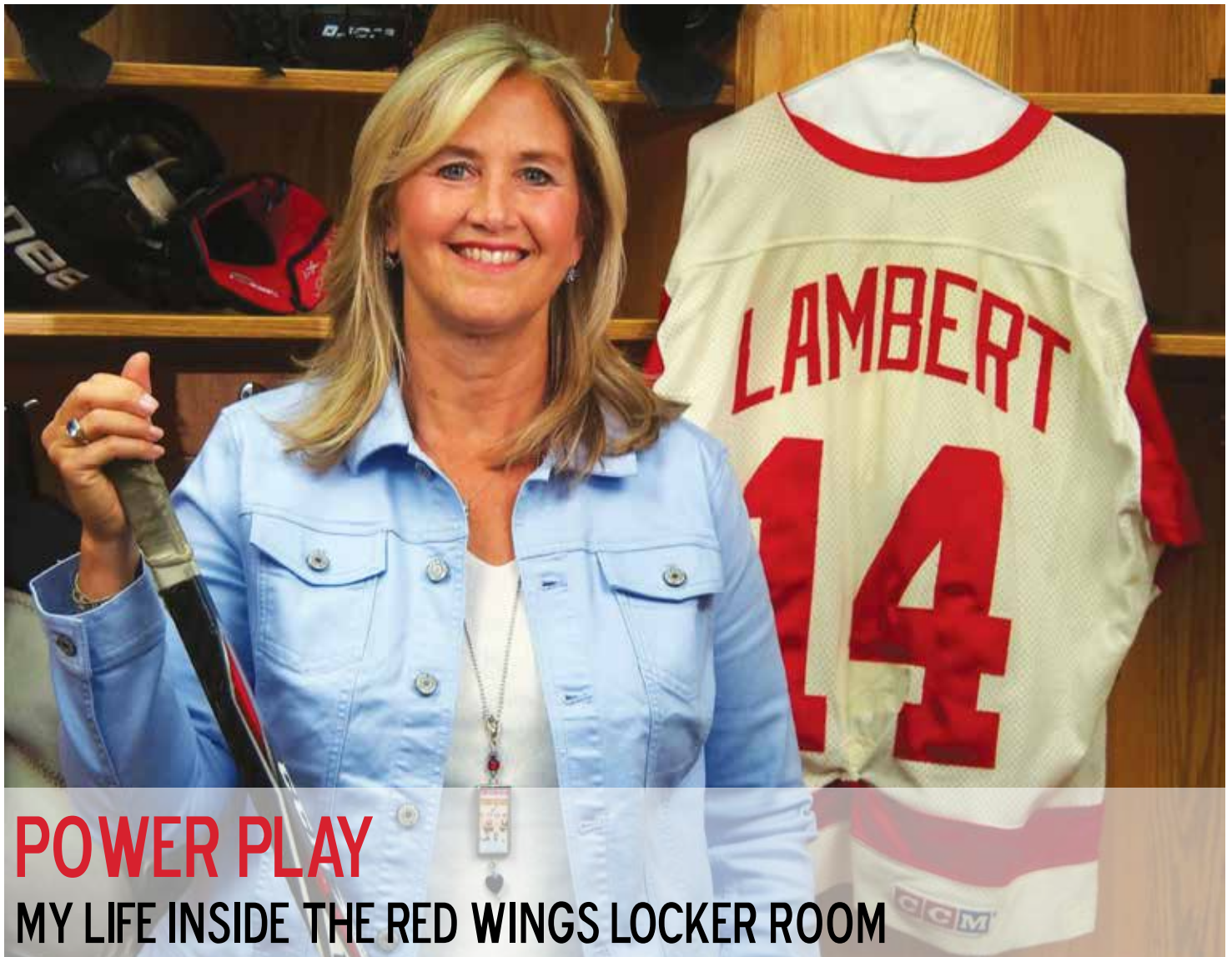
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POWER PLAY MY LIFE INSIDE THE RED WINGS LOCKER ROOM

By Bob St. John

Sports enthusiasts have a chance to take a journey through the good and bad times of the Detroit Red Wings by reading the latest book by Grosse Pointe Woods' Cynthia Lambert-Nehr, *Power Play, My Life Inside the Red Wings Locker Room*.

"I had a lot of fun writing this book and it's a different perspective," Lambert-Nehr says. "I get to reveal a little more of the personalities of the players. I think it's a book for not just sports fans, but for everyone."

Lambert-Nehr was the first female beat writer at The Detroit News. She began her illustrious career as a 22-year-old reporter just out of college and quickly gained the respect and trust of general managers, coaches and players from not just the Detroit Red Wings, but throughout the National Hockey League.

"I loved sports and I loved journalism," she says. "I tried to capture the emotion of the players and of the game. I worked with some great personalities during my time as a beat writer."

Read about the pre- and post-game trials and tribulations of one of Detroit's all-time greatest athletes, Steve Yzerman, or hero Bob Probert. Relive the epic encounter March 26, 1997, when Red Wing Darren McCarty pummeled villain Claude Lemieux of the Colorado Avalanche in front of a standing-room only crowd at Joe Louis Arena or Lambert-Nehr feeling the heat from Red Wing tough guy Dave "Tiger" Williams telling her the locker room is no place for a woman.

Lambert-Nehr puts the reader on a bench in the locker room where they can picture a champagne-soaked venue after winning the Stanley Cup or silence after a stinging defeat.

She covered the Red Wings during the lean years through the back-to-back Stanley Cups seasons of 1997 and 1998. The interviews with Sergei Fedorov, Shawn Burr and Dino Ciccarelli are a few of her favorites.

To get the inside look, find *Power Play, My Life Inside the Red Wings Locker Room* on Amazon. [📖](#)



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- Women ages 35 to 44 are the only group for which heart disease deaths are increasing — at a rate of 1.3 percent a year since 1997.
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S. GARY SPICER INDUCTED INTO WSU ATHLETIC HALL OF FAME



Photo by WSU Athletics/Michael Dubicki

By Jody McVeigh

Saturday, Feb. 10, Wayne State University inducted Grosse Pointe attorney S. Gary Spicer into its Athletic Hall of Fame. Spicer says he was pleased with and humbled by the honor.

“It was a great day,” he says, “though we try to do all the things we try to do with the foundations quietly.”

Spicer’s support of WSU dates back to 1987 through his work with the Doris J. and Donald L. Duchene Sr. Foundation, Joanne Nicolay Foundation, Mary McCloud Foundation, Loepp Family Foundation, Richard A. and Donna L. Sterban Foundation, Joseph S. and Mary Ann Bonsall Foundation and Thelma Fox Murray Scholarship.

He was instrumental in raising funds for WSU’s Harwell Field project, serving as project co-chairman and chairman of the WSU Athletics Capital Campaign.

“With (Director of Athletics) Rob Fournier, we raised \$2.3 million,” Spicer says. “People from everywhere have come to see the first phase.”

Spicer, whose career includes providing legal counsel to professional athletes, entertainers and corporate executives, has been involved with every facet of the university’s athletics program, including co-founding the Alan Trammell/Lance Parrish Baseball Camp and securing fifth-year academic scholarships to promote graduation and graduate-school scholarships. His general athletic support has exceeded \$1 million.

“It’s really our time,” says Spicer, who earned his Master of Business Administration degree from WSU, “a thousand years ago.”

“Other universities are having momentous problems, but Wayne State is in the right place at the right time,” he says.

Spicer credits WSU President Dr. M. Roy Wilson, Board of Governors Chairwoman Sandra O’Brien and Fournier with the school’s success.

“It’s such a talented team of people who are pointed in the right direction,” he says. “That’s rare these days to be on the same page like that.”

Spicer also was quick to share the spotlight with five other 2018 inductees — softball player Alison Ortega, swimmer Catherine Leix, football offensive tackle Joe Long, football all-purpose back Josh Renel and swimmer Andrey Seryy.

“Those five individuals could have been in any hall of fame,” he says. “They are eminently qualified academically and athletically.”

“It was a lovely reception,” Spicer concludes. “I don’t really seek that sort of thing, but ... It was very rewarding to me.”

Above, WSU Director of Athletics Rob Fournier, S. Gary Spicer Sr., WSU Board of Governors Chairwoman Sandra Hughes O’Brien and WSU President Dr. M. Roy Wilson

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DOMINIC PANGBORN

2018 PYEONGCHANG WINTER OLYMPICS ARTIST

By Lauren McGregor

Grosse Pointe resident and celebrated artist Dominic Pangborn has just returned from a trip like no other.

“It was a once in a lifetime moment,” says Pangborn. “I was one of 14 artists invited to participate in the design for the 2018 PyeongChang Winter Olympics.”

His art was exhibited at the DDP (Dongdaemun Design Plaza) Center in Seoul and he is currently in negotiations for future exhibition this fall.

“Delia and I were invited by the Governor of PyeongChang as their guests,” says Pangborn, the only artist to be honored.

Pangborn says of being in attendance at the Opening Ceremony, “It was a night in the Land of Oz. A spectacular performance with every bit of 21st Century technology.”


But all that light couldn’t keep him warm. “Unfortunately, it was the coldest winter Olympics in history. In spite of blankets, hats, etcetera, it had to be the coldest experience my body had endured. But it was worth every bit.”

Surprisingly, the Olympics were not the only thing to bring Pangborn to South Korea.

“I spent several days prior to the Olympics trying to

make some changes in the legislation on adoption issues in Korea,” he says. “Korean government has banned international adoption and is doing away with adoption period. I visited the National Assembly and met with Rep. Na and former U.S. Congressman Kim.”

Pangborn also visited the Holt Adoption Agency, where he met with adoptive families, followed by a visit to “the drop box” where mothers can drop off babies discreetly and safely.

“It was heartbreaking on one hand, and a joyous trip on the other.” 



Olympic art by Dominic Pangborn



Opening Ceremony

Photos courtesy of Dominic Pangborn



A baby drop box



Delia Pangborn



Dominic Pangborn, fourth from left, at the National Assembly



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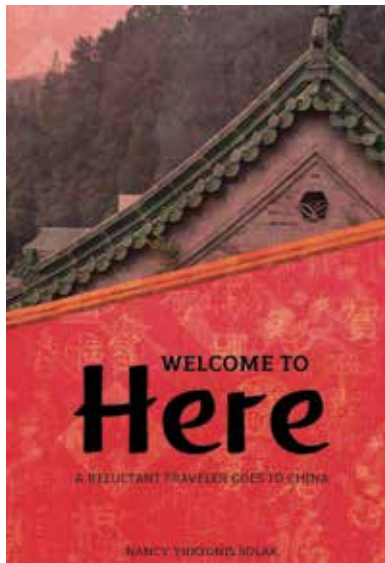
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Nancy Solak



Ping pong in a Chinese park



The bride and groom's grandmothers at the wedding

Photos courtesy of Nancy Solak



Welcome to Here

By Margie Reins Smith

Nancy Solak, a.k.a. “A Reluctant Traveler,” has completed her second travel memoir, *Welcome to Here*.

Second travel memoir? What’s reluctant about that? “I’ve learned I don’t have to keep up with my travel companions and see every single thing,” Solak says. “If I feel overstimulated I give myself permission to bow out, step back and recharge by being alone.”

While she’s alone, she reads or writes in her journal. She keeps track of where she’s been and what she’s seen and records facts, impressions, unusual or humorous incidents, even dialogue.

Welcome To Here is Solak’s account of three trips to China she and her husband Rich have taken in the last 17 years. None were through a travel agency. That’s what made them so interesting, she says.

“The first was in 2001, when our son Matthew was studying Chinese at Tsinghua University in Beijing. Matt was our tour guide so we saw things most travelers don’t see. I was reluctant at first, but when we got home I realized how amazing China is — how different than I imagined.

“Plus, I lost eight pounds.”

The second trip was in 2003, when they went to Matt’s wedding to Hayian, a native of Beijing.


Welcome to Here includes more off-the-beaten-path travel experiences. Solak describes the wedding festivities and she includes a chapter written by the bride about the wedding.

The third trip was in 2015. “Matt and Hayian were living in Colorado. He was teaching Chinese and about to take a group of American students on a trip to China. He invited us to tag along and help him teach English to Chinese middle schoolers.”

“Each trip was completely different,” she says. “That’s when I got the idea for a book.” *Welcome to Here* is light-hearted and packed with information and insights about China — its history, food, people, religion, customs, transportation, even its bathrooms.

Solak will launch *Welcome To Here* at 7:30 p.m. Thursday, March 22, at the Ewald branch of the Grosse Pointe Public Library. She’ll discuss her three trips to China with a slide presentation of her own photos.

The reluctant traveler is much less reluctant these days.

Welcome to Here (you’ll have to read the book’s introduction to find out where the title comes from) may be purchased at Amazon.com. For more information about the book or the author, visit www.areluctanttraveler.net. 

Is estate tax dead?

By Jon B. Gandelot

The recently enacted Tax Cuts and Jobs Act (TCJA) more than doubled the federal estate tax exemption to \$11.2 million for individuals dying in 2018. For married couples, the exemption is \$22.4 million. These exemption amounts are scheduled to increase with inflation yearly until 2025. On Jan. 1, 2026, the exemption amounts are scheduled to revert to the 2017 levels, adjusted for inflation. The highest marginal tax rate on estates in excess of the exemption amounts is 40 percent.



For the vast majority of taxpayers, the new law means that there will be no federal estate tax at death. While this is good news for most of us, there are some cautions that demand attention. For example, in very large estates the next eight years provide for some unique planning opportunities for gifting assets to future generations.

For estates under the new exemption amounts, individuals should meet with their estate planning professionals to determine whether their existing plans should be revised. Many older plans for married couples have formula clauses based upon prior tax laws that are needlessly cumbersome to administer. This may even result in a distribution of assets contrary to the intent of the couple.

Remember that these new exemptions are scheduled to expire in 2026. Also, this new law could be repealed at any time. As Mark Twain said, "No person's life, liberty or property are safe while the legislature is in session."

Jon B. Gandelot is founding principal, GANDELLOT HARTMANN, an estate planning and trust administration firm in Grosse Pointe Farms.

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Rebecca & Anthony

Rebecca and Anthony Ducourant

Wedding date: November 18, 2017

Hometowns: Rebecca, Grosse Pointe Woods, Mich.;
Anthony, Paris, France

Parents: Michael and Nancy Smialek, parents of the bride;
Terry Shane and Bruno Ducourant, parents of the groom

Current city: Grosse Pointe Woods

Ceremony & Reception: The War Memorial

Officiant: Sebastian Rzepa

Wedding Planner: Alondra Kennedy (The War Memorial)

Photographer: Rosy and Shaun Wedding Photography.

The photos they captured for us were exactly what we had

hoped for. Their collaboration in our vision was key. Plus, the professional photobooth! Total hit. I wouldn't have wanted to work with any other team.

Baker: Lori Goss

Florist: Kelly Wagner of Bloom Parties. Kelly was amazing every step of the way. She was always able to grasp my vision, and then push me to think of other ways we could achieve it. Her knowledge of flowers and their meaning is incredible.

Dress: Plaza by Pronovias

Bridesmaids: Gowns by Adrianna Pappell

Hair & Makeup: Jen Petrovic (of Six Salon in Birmingham).

I cannot recommend her enough. She came on site with her team and made us all absolutely gorgeous.

Menswear: Groom's from J. Crew and groomsmen in various black suits

Transportation: Royal Limousine

Entertainment: Rock Out Entertainment, DJ Wayne Kinney

First dance: "Cry to Me" by Solomon Burke

Linens: Luxe Event Linens

Favors: Bonbonbon. "His" and "her" pick boxes of bonbons

Paper goods: Papersource. We had our custom designed save the date, custom designed wedding shower invitation and custom designed reception food menu printed by them (designed by our friend and art director, Celia Nelson). We ordered from their catalogue for our wedding invitations and thank you cards.





How did you meet?

Rebecca: It was March 4, 2014 and I had just accepted a job offer to move back to Detroit after almost six years in New York City. A friend of mine had organized a group of people to go to the Detroit Red Wings vs. New Jersey Devils game that evening. At the last minute, there was an extra ticket. Our mutual friend Logan invited Anthony on a whim and he accepted. He didn't know anyone else going and had never been to a game before. My friend Vicki and I decided to celebrate my new job before the game and met up with Logan and Anthony for cocktails before taking the train over to Jersey. I immediately thought he was cute and was intrigued by the fact I could not for the life of me figure out his accent (he hides his French accent very well). So we ended up spending almost the entire hockey game talking, and by the end of it, we were holding hands and had our first kiss on the train back from New Jersey to New York. We grabbed a late

dinner afterward. It was kind of like love at first sight.

When did you realize you wanted to marry each other?

Rebecca: We actually started joking about it almost immediately, but I think we really decided that we wanted to be together after about four months. Anthony was tired of being in New York City and always waiting for me to fly in on weekends to visit him. Two months later, after a trip to France to see his family, we moved him from Brooklyn to Grosse Pointe Woods and he's been here ever since.

What do you love most about one another?

Anthony: She can talk to absolutely anyone and she has the kindest heart. She gives more of herself to others than she realizes. Plus she's goofy! And her laugh can fill up an entire room.

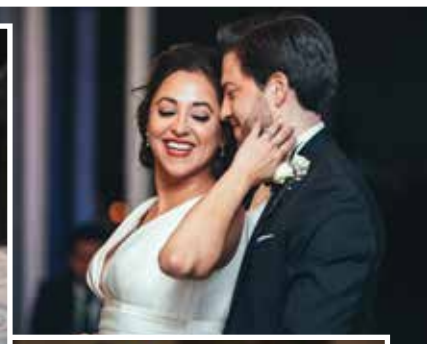
Rebecca: He's always doing things to take care of me and of us, and he always makes sure I know how much he loves me. It's amazing to have someone who supports you and looks at you the way he looks at me.

Share the proposal story!

Rebecca: For Anthony's 35th birthday in July of 2016, I decided to use my Delta SkyMiles

Photos by Rosy and Shaun Wedding Photography





to send him to France to visit his family. It had been almost two years since he had seen them, and I wanted to do something special for him. He wanted me to join him. I fought him on it, saying I needed to focus on our savings and that I didn't have to go on every trip to see his family, so he decided not to go. Come late August, he said he wanted to go, especially before his sister went back to university in London. But he still wanted me to join. I fought him again. It took my father, a finance guy, to sit me down and say, "You know what, you've saved enough, just go with Anthony to visit his family and have fun." So I gave in. On our fourth day in Paris, we had a day alone. We went to the Louvre, bought my favorite perfume that you can only get in Paris, had lunch and then walked from the right bank to left bank, all the way to St. Germain. He kept checking for outdoor places to sit and I was so confused, thinking, I thought we were going shopping for shoes?! Finally, we were headed to the iconic Café De Flore to meet his friend when he walked past it. At this point, I just wanted to sit and have a glass of wine. Then he stopped in front of a courtyard at the church St. Germain de Pres, turned around and fiddled with "this thing in his pocket that was bugging him all day." He pulled out the ring, said, "So you love me right?" with the biggest, nervous smile on his face and then he got down on one knee and asked me to marry him. Needless to say, I said yes and we celebrated with copious

amounts of champagne, phone calls to the USA, and with his family in Paris and Brissac, shortly after.

What atmosphere were you looking to create?


Rebecca: We wanted a classic, chic, black tie event at a venue with a lot of history. We wanted to throw an amazing party for all of the people attending, to simply celebrate how much we loved them and how much we loved each other. We paid attention to the little details. Music was a *huge* part of our wedding vision. We had very nontraditional songs for the ceremony and worked closely with our DJ, the fabulous Wayne Kinney, on our cocktail hour theme, the dinner theme and the dance party theme. He really helped elevate our wedding celebration to exactly what we had envisioned. It was everything we wanted it to be.

What unique details did you include?

Rebecca: We had macaroons instead of cake, because, French, so why not?! We also did a fake out dance! We started the choreography for "Time of my Life," so everyone would expect us to do the whole routine, including the lift. But after the short intro, we used it as an opportunity to grab a guest and bring them to the dance floor to get the real dancing started.

What was your favorite moment of the wedding?

Anthony: The moment we said I do and my best man's speech!

Rebecca: I loved walking down the aisle with my father and seeing the faces of everyone who chose to be there for our wedding day. And then turning around after our three-minute ceremony to see everyone in total shock over how quick our ceremony was! My sister's speech, my father's speech, the snow ... I truly loved it all. Especially having so many friends and family from overseas and out of town. It's humbling to see how much you really mean to someone. 



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BRIDES-TO-BE *at The War Memorial*

By Jody McVeigh

It's no secret brides are busy, selecting the perfect accompaniments for their special day.

Brides-To-Be Shows Inc. hopes to relieve some of that pressure by offering all the latest wedding trends — from fashion to photographers — in one place.

Brides-To-Be produces 14 shows a year, offering hundreds of exhibits and experts for any interested bride. Guests have the opportunity to speak one-on-one with bridal experts, check out the latest fashions and receive samples, coupons, discounts and a chance to win prizes.

A free Brides-To-Be Shows directory is included.

Trends vary year to year and Brides-To-Be Shows aim to take the guesswork out of planning the perfect wedding day.

Gowns on-trend this year include strapless, lace, illusion and off-the-shoulder pieces, but the latest trend includes bridal jumpsuits and wide-legged palazzo pants, says director of operations Kim Michael. Also, some brides are eschewing traditional white or ivory gowns for deeper ivory, mocha, mint or baby blue. Replacing the veil is a cape, worn during the ceremony and removed for the reception.

Floral trends this year include vibrant jewel tones — amber, purple and red, Michael says.

Also popular are unconventional venues such as campgrounds, cafes, restaurants, distilleries, wineries, orchards and industrial commercial spaces.

Menus are taking a slight turn this year, many offering vegetarian and vegan dishes in keeping with healthier trends — but that doesn't mean there won't be dessert.

However, brides are bypassing cake in favor of bite-sized treats. Miniature doughnuts, cheesecake bites and macarons allow guests to “pick up and go.”

To capture every moment and preserve it for a lifetime, many photographers and videographers now offer drone technology, Michael says.

A Brides-to-Be show will take place at The War Memorial Sunday, April 22 at 12 p.m. Admission is \$7 online or \$8 at the door.

For a list of upcoming events and to reserve tickets, call (586) 228-2700 or visit bridestobe.us. Follow Brides-To-Be Shows on Facebook or @BridesToBeBridalShows on Twitter. [P](#)



Photos courtesy of Brides-to-Be Inc.



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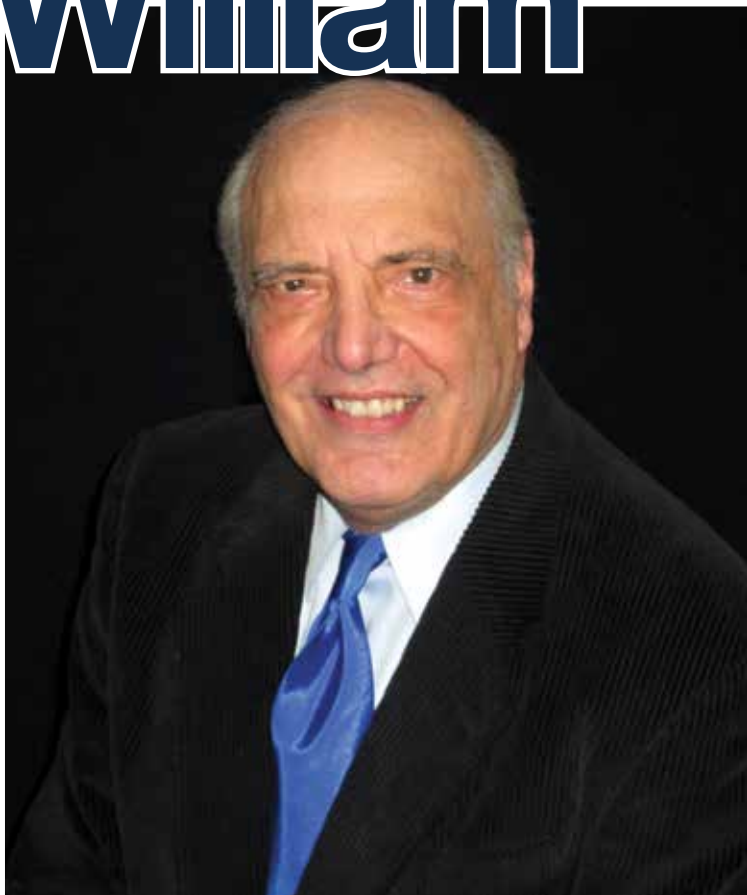
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Meet William



Name	William J. Giovan
Age	82
City	Grosse Pointe Farms
Occupation	Mediator and arbitrator after 40 years as a judge in Wayne Circuit, Recorder's Common Pleas, Grosse Pointe Woods and Grosse Pointe Shores Courts

William's Favorites

Season

Autumn

Musical Artist

Tossup between Rossini and Mozart

Vacation

Venice, Italy during Carnevale

Movie

The Godfather

Book

Henry II of England by Robert Penn Warren

Restaurant

Antonio's in the Park

Activity

Do I have to choose? Grosse Pointe Theatre, tennis, rowing, photography, quartet singing (does Free Cell count?)

Dessert

Fruit, covered with my own amaretto-based topping

What was your first job?

Carryout boy at Kroger. Later I would represent them in court.

What did you want to be when you were growing up?

I wanted to be a lawyer since the second grade, after they put me in a debate.

Are you a collector of anything?

I have nine paintings by Robert Hopkin, Detroit artist, 1832-1909. I have more wrist watches than any sane person should have.

What is the best trip you've ever taken?

Moscow and Leningrad, when they were still behind the Iron Curtain, 1973

What is the most historical day in your lifetime?

November 8, 1966, the day I was elected to a six-week judicial vacancy in the Detroit Recorder's Court, the mini judgeship that led the way to a judicial career.

What accomplishment makes you proudest?

If it's not making the All-American Fencing Team at the University of Detroit, I'd say it's my participation in the law of evidence of Michigan. I also drove Rosa Parks to the airport.

Words to live by?

"Always do right. This will gratify some people and astonish the rest."
Mark Twain

About William

William Giovan and significant other Susan Sisk live in Grosse Pointe Farms. Among his many hobbies are history, photography and re-thinking the meaning of life.

"Though coming from a family of moderate means, I managed to join an honorable profession, eventually becoming chief judge of the largest court in the state, later serving in municipal courts in my own community. Even better, Susan and I have the privilege of residing in what is certainly one of the world's finest residential communities, one which supports institutions such as The Grosse Pointe War Memorial, where I served as chairman, and the Grosse Pointe Theatre, where I've watched nearly a lifetime of quality productions.

It's more good fortune than should fall upon one person."

Importance of good nutrition for aging

By Terri Murphy

Eating well is important at any age, but good nutrition becomes even more important for aging individuals as their nutritional needs change. Adequate nutrition is necessary for health, quality of life and vitality.

Unfortunately, so many seniors are not eating as well as they should, and this can lead to various health concerns, such as a weak immune system, muscle weakness and decreased bone mass. This puts them at risk for falls and fractures and at a higher risk of hospitalization.

Seniors struggle with proper nutrition for various reasons. They are unable to get to the grocery store easily. They exhibit a lack of interest in cooking and/or don't like to eat alone. They could be suffering from depression after a loss of a spouse or other




family member.

Even small nutritional changes can make a big difference in an older adult's health and well-being. To encourage better nutrition in your loved one, try the following:

- Encourage them to eat foods packed with nutrients.
- Plan between meal snacks, and have them prepared and easy to grab at any time.
- Consider a nutritional supplement for extra nutrients they may not be getting from food.
- Make meals a social event. They would much rather share a meal with you or a friend, than eat alone.
- Encourage physical activity to stimulate appetite.
- Consider outside help to grocery shop and prepare snacks and meals.

Terri Murphy is a Certified Senior Advisor, The Owner/President of Hope Senior Home Care and the Board Chair and President of Certified Senior Solutions, a 501 (c)(3) Non-profit organization. Terri can be reached at (313) 881-4600. www.hopeseniorhomecare.com and www.certified-ssi.org.



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Marketing and communications manager Shalina Rankin and chief executive officer Ann Kalass

STARFISH FAMILY SERVICES

By Margie Reins Smith

Starfish Family Services might not ring a bell to those who live on Detroit's east side in the Grosse Pointes or St. Clair Shores.

Starfish is based in Inkster and serves parts of Detroit and western Wayne County. It has provided children's mental health services, and more, for 51 years. It currently serves more than 2,000 families.

"Starfish is unique," says Grosse Pointer Tim Hudson. "While primarily focusing on uplifting the child, it also seeks to serve that child's family. These are at-risk families." Some parents need help finding jobs. Others need assistance with transportation, housing or dealing with abuse and addictions.

Grosse Pointer Judi Orhan has volunteered for Starfish for more than 20 years. She summed up the charitable organization's philosophy: "Instead of just saving a drowning child, we go upstream and teach the whole family how to swim."

"We take a holistic approach to issues that stem from generational poverty," says Shalina Rankin, marketing and communications manager. "Starfish offers a network of services for families."

Among its offerings: preschool programs, after school programs, summer activities for youngsters, parenting programs, a shelter and crisis center, and something called Starfish University which offers courses such as parenting skills, cooking, shopping smart, an art class for teens and parents to

take together and a program called Baby Power which aims to strengthen the mother-baby bond.

Some 400 professionals (teachers, social workers, psychiatrists, nurses, nutritionists and others) serve these families and 1,200 volunteers enrich Starfish's resources, acting as classroom aides, helping maintain a community garden and taking care of administrative duties.

Volunteers are always needed. Call (734) 728-3400 to help. In-kind and monetary donations are also welcome. A \$25 gift provides school supplies for a child; \$150 pays for a teenager's GED test; \$525 covers three days of residency for a child in crisis. Starfish can always use diapers, children's books and gas and grocery gift cards.

"We welcome visits from those who want to learn about the organization. We even give tours to groups who are interested," Rankin says.

Starfish Family Services will present its annual fundraiser, "The Great Hearts Gala," on Friday, May 18 at Ford Field. The evening includes dinner, dancing and a live auction as well as a tour of the stadium.

Honorary chairs are Steve and Diana Howard and Karen and Patrick Smithbauer. Co-chairs of the gala are Don and Sheryl Conn, Hadley Mack French and Lisa and Eric Widner. For tickets, visit StarfishGala.org.

For more information about Starfish, visit starfishonline.org.

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Photo by Donald Schulte

Dirty Dog Jazz Cafe

97 Kercheval, Grosse Pointe Farms • (313) 882-5299

Winner of *Hour Detroit Magazine* awards for 2010 Restaurant of the Year and Best Chef 2010 & 2011, the Dirty Dog Jazz Cafe features top guest musicians and award-winning food. Two-time "Best Chef" winner André Neimanis offers an American bistro menu in a well-appointed, 65-seat dining room with white-linen round tables surrounded by red-fabric walls with dark wood, wainscoting, Tudor carriage lights and dog-themed paintings and sculptures. Favorites include Steak Burger with Foie Gras, Beef Short Rib, Salmon Filet and Chicken Pasta to name a few! Live Jazz Tuesday through Saturday offers patrons a unique and memorable experience (reservations are strongly recommended). Private dining is available for up to 25 people in The Boardroom, which also features full meeting and conference capabilities.




Hours: Tues 11:30am-8pm; Wed-Thur 11:30am-10pm; Fri 11:30am-11:30pm; Sat. 4pm-11:30pm

Web: www.dirtydogjazz.com



Irish Coffee Bar and Grill HOME OF THE ORIGINAL BAR BURGER!

18666 Mack Avenue, Grosse Pointe Farms • (313) 881-5675

Irish Coffee Bar and Grill has been a staple on Mack Avenue in Grosse Pointe Farms for **38 YEARS**, notable for their fantastic bar burgers (1/3 lb ground rounds) and numerous coffee cocktails. Three high-definition TVs make this neighborhood bar a great place to watch the game. Swing by after the game or any entertainment event in the area, bring your ticket stub and your burger is only \$2.96 with purchase of a beverage! The daily lunch special is the best in town: dine-in between 11 a.m. and 5 p.m. and for \$6.95 have a ground round, fries and your choice of beverage (domestic draft beer or pop). This is also good for a fish sandwich or a grilled chicken sandwich. This family-owned restaurant is a great spot for young and old, and there is something on the menu for everyone. The homemade onion rings are a local favorite, and the fresh and hand-battered yellow-belly perch are particularly popular among seafood lovers. Numerous corned-beef sandwiches top off the menu with a true, Irish flare. The grill is open until 1 a.m., seven days a week! Hope to see you there! 

IRISH COFFEE ... WHERE ELSE ON ST. PATRICK'S DAY?!


Hours: Mon-Sat 11am-2am; Sun 5pm-2am

GRILL OPEN UNTIL 1 A.M., 7 DAYS A WEEK!



Little Tony's — Lounge in the Woods

20513 Mack Avenue, Grosse Pointe Woods • (313) 885-8522

Little Tony's is Grosse Pointe's favorite Bar & Grill. A place where families and friends have gathered for over 40 years for good food and good cheer. Cozy, quaint and warm, it's a throwback to when a business was run by an owner and not a corporation. A real neighborhood bar, where locals meet and everyone really does know your name. Serving only the freshest of Ground Rounds (they're delivered daily), Little Tony's has made a name for itself as "the place" to go on the east side for Great Burgers. Cooked to order and served with an array of extras, you are sure to have your burger craving satisfied here. Voted "Best Burger on the East Side" by the Detroit Free Press and Grosse Pointe Patch. The menu, although small, has a lot more to offer. Delicious Reubens, succulent Turkey and Ham sandwiches, Fish and Chips, Tuna Melts to die for, and don't forget Carol's Famous Chili. Our extensive bar is complimented by a great selection of beers, ales and wines. Dine on our beautiful, open-air patio during the summer months. Family friendly, so bring the kids, our great wait staff can't wait to serve you. 


Hours: Mon-Sat 11am-11pm

Web: www.littletonysgp.com



Luxe Bar & Grill

115 Kercheval, Grosse Pointe Farms • (313) 924-5459

Luxe is the neighborhood spot that serves quality food, drink and atmosphere — without pretense. Hospitality is our passion — quality and taste are the priority. We believe the character of a bar is its patrons, and we welcome all seeking food, company and friendly conversation to enjoy our charmed local bar. An eclectic menu features fantastic Prime Burgers on homemade brioche buns, as well as scratch soups, salads and entrées, including chicken, salmon, lamb chops and steaks in a variety of different daily preparations. Chef Nikola Culakovski embraces various elements of traditional and new American cuisine. 

DROP IN FOR SOME "LUXE OF THE IRISH" ON ST. PATRICK'S DAY!


Hours: Daily 11am-1am (Kitchen closes at midnight.)

Web: www.luxebarandgrill.com



Mack Avenue Grille

19841 Mack Avenue, Grosse Pointe Woods • (313) 886-0680

As the Mack Avenue Grille enters its fourth year under the ownership of veteran restaurateurs Louie and Dino Ropotos, they would like to kick things up a notch to complement the fine wines and premium beers they began offering last year. The brothers are adding some new fine dining dishes to their menu, including pan-seared and broiled Alaskan Cod, broiled Salmon, Classic Lamb Chops, Chicken Piccata and Chicken Marsala and more to their standard fare, including 31 gourmet salads and breakfast favorites, such as the ever-popular Very Berry Crème Brûlée French Toast. Of course, they are not forgetting what made Mack Avenue Grille more than a diner. They will continue to offer three homemade soups du jour or freshly homemade chili daily, burgers and all manner of diner sandwiches, fresh-squeezed orange juice and three-egg, whipped omelets of all combinations. All ingredients are fresh — no frozen fish here! 

Hours: Mon-Sat 7am-8pm, Sun 8am-3pm



PATIO OPENING SOON!

Mike's on the Water — OPENING MARCH 20!

Located in Michigan Harbor/Colony Marine (enter thru automatic gates)

24600 Jefferson, St. Clair Shores • (586) 872-2630

The 2018 season has arrived!!!! We are back for our 8th season, bigger and better than ever! Our fun and cozy atmosphere makes Mike's a fabulous place to unwind. With '70s era music, great food and drink prices and a very friendly staff, Mike's is a great place for people of all ages. We are family oriented and have a great kids menu. Our menu has everything from burgers and sandwiches to fried fish and daily fresh-catch specials, including boatloads of perch, and great salads. Try our "Lobster Roll" — over 45,000 sold! Food prices range from \$4.25-\$13.95. Mike's Nautical Hour (happy hour) featuring special prices on favorite libations runs from 3-6 p.m. every day. Watch your favorite sports teams at our fun bar. Mike's boasts ample parking, 26 boat wells with docking for up to a 48-foot vessel and a floating dock for personal watercraft.

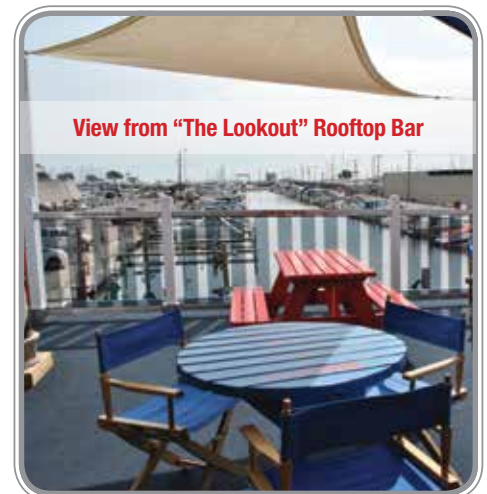
Your host, Mike LeFevre

Last year Mike expanded upward with "The Lookout" Rooftop Bar. This year, Mike's is expanding outward for even more great waterfront dining, but you will have to come see for yourself on March 20, the first day of Spring, as well as check Mike's new menu items he's been cooking up all winter! 

Kitchen Hours: Mon-Thur 11:30 am-10 pm; Fri-Sat 11:30 am-11 pm; Sun noon-8 pm

Bar Hours: Mon-Sat 11:30 am-close; Sun noon-close


Web: www.mikesonthewater.com



View from "The Lookout" Rooftop Bar

Pepperoni Grille

22411 Greater Mack, St. Clair Shores • (586) 774-3998

As its name implies, Pepperoni Grille is a cheerful spot set in a welcome, casual atmosphere. The eatery features a small bar and dining room on one side of the central open kitchen, and a second dining room on the other side. It offers notable pizza along with a number of popular dishes from Calamari, Chicken Piccata and Lake Michigan Perch to Filet Mignon and New York Strip Steaks and Baby Back Ribs. The staff is friendly and courteous. The full bar offers wine, liquor and beer. Our Reverse Happy Hour from 8 p.m. to close 7 days features \$2 domestic beers, \$5 martinis and 1/2-off appetizers. **Tuesday is half-off pizza all day**, dine in or carry out. 

◆◆◆◆ WEDNESDAYS: 2 SIGNATURE PASTA DISHES AND A BOTTLE OF WINE — \$38! ◆◆◆◆

Hours: Mon-Thurs 4-10pm; Fri-Sat 4-11pm; Sun 3-9pm

Web: www.pepperonigrillescs.com



Shores Inn

23410 Greater Mack St. Clair Shores MI 48080 • (586) 773-8940

Established in 1937 and under the same ownership since 1969, the Shores Inn has been a local favorite for generations. Featuring 150 craft beer selections, an enclosed heated patio (with fire pit) and Happy Hour 7 days a week (buy one appetizer, get one free of equal or lesser value with two beverage purchase), the Shores Inn is a popular gathering spot for all ages. Delicious, homemade pizza has just been added to the extensive menu and daily specials keep hungry guests coming back:

Monday - Burger Bash (burger and fries) \$5.99!

Tuesday - **1/2 off pizza!** \$3 Boombas 10 p.m.-close

Wednesday - All you can eat Perch \$12.99, 4-9 p.m. **Ladies Night featuring a Designer Purse raffle!**

Thursday - Fajita Frenzy \$11.99; Rib Rave (1/2 slab with fries) \$11.99

Sunday - Prime Rib \$15.99

All Day, Everyday - Craft Beer of the Month, \$3.75/pint; Domestic Draft Feature, \$2.75/pint; \$3.50 Shot Specials



Hours: Mon-Sat 11am-2am; Sun Noon-2am

Web: www.shoresinn.com



Sierra Station La Cantina — Celebrating 40 Years!

15110 Mack Avenue, Grosse Pointe Park • (313) 822-1270

The Sierra Station was established in 1977 and has transformed into a favorite Grosse Pointe Park destination. The Sierra Station prides itself as a family-style Mexican restaurant, offering affordable dinners. Most impressive is the food! Few restaurants survive 40 years unless they have great food. The entrée menu features more than 30 dishes served with the standard rice and beans. House specialties are the Verda Sauce and Chili Relleno. It is one of the few places you can sit down, eat authentic Mexican food, have a Margarita, enjoy the South-of-the-Border ambience and bric-a-brac and let your kids run free. The patio veranda is an ideal space to throw your wedding party, family celebration or business luncheon. Prefer an indoor setting for your event? Sierra Station has a private dining room filled with beautiful authentic decorated space capable of setting 40 guests. Join us on Thursdays for \$3 Jumbo Margaritas. Carry-outs available.



COME IN TO SEE JEFF'S NEWEST ACQUISITIONS!

Hours: Lunch: Thurs-Fri 11:30am-1:00pm

Dinner: Open daily at 5pm

Web: www.sierrastationgp.com



Photo by Donald Schulte

Steve's Backroom

24317 Jefferson, St Clair Shores • (586) 774-9337

Steve's Backroom has been an eastside staple for over 54 years providing quality Mediterranean Cuisine. Old World recipes are prepared under the careful eye of Bouchra Raffoul. Many traditional favorites, such as Stuffed Grape Leaves, Cabbage Rolls, Lamb Kabobs, Chicken Tawook, Fattosh Salad, Steve's Backroom Chicken Salad and the more popular Steve Salad with homemade Pomegranate dressing, just to name a few. In 2010, Steve's won the Small Business Award from the Macomb Region of the Small Business Administration, and in 2012 Macomb Daily readers awarded Steve's as its favorite Middle Eastern restaurant. Steve's bakes fresh pita bread for dine-in customers, and serves a limited pizza menu baked in a stone oven. A full bar is available as well as a banquet room that seats up to 40. Carry out catering is available.




Hours: Mon-Thurs 10am-9pm; Fri-Sat 10am-10pm; Sun 10am-8pm

Web: stevesbackroomjefferson.com



Telly's Place — Est. 1982

20791 Mack Ave., Grosse Pointe Woods • (313) 881-3985

As a staple of the Grosse Pointe Woods neighborhood since 1982, Telly's isn't your normal bar and grill. Walk in off Mack and you'll instantly notice that with over 35 years of history, a sense of warmth, friendliness and contemporary atmosphere abounds. Look around and you'll see a couple on a romantic date, sharing an order of our signature spinach dip and chips, a group of friends celebrating a birthday with our specialty martinis, or people sitting at the bar, watching the game on our flat-screen TVs. Everyone is welcome at Telly's. Everyone is family at Telly's. Owners and native Grosse Pointers Ty and Jimmy are committed to bringing you the atmosphere, quality and service that has made Telly's an institution. 

Telly's Specials:

- Monday - \$4 Margaritas
- Tuesday - Bar Bingo 9 p.m.-Midnight
WIN gift cards!
- Wednesday - \$5 Specialty Martinis
- Thursday-Saturday
Live Entertainment
- Sunday - .50 Wings and \$2.50 Domestic Beers

HAPPY HOUR 7 DAYS A WEEK 3-6 PM: \$1 OFF ALL DRINKS AND \$4.99 SELECT APPETIZERS


Hours: Mon-Sat 11am-Close; Sun 3pm-Close

Web: tellysplace.com



Villa Restaurant and Pizzeria

21311 Gratiot Avenue, Eastpointe • (586) 778-1780

Loretta, Tony, and Joe are the third generation of the Palleschi family to operate the Villa. Following in the footsteps of their grandparents, Antonio and Arcangela and parents Orlando and Anna, they maintain the family tradition of authentic, home-style Italian cooking started in 1956. The restaurant has experienced numerous expansions and renovations over the past 61 years, but remains in its original location. One thing that has not changed over the years is their commitment to offering a quality meal in a comfortable setting at a moderate price. Customer favorites include: veal parmigiana, baked spaghetti, lasagna, chicken marsala, ravioli, and of course hand tossed round pizza, cooked in a stone oven. For those who prefer deep-dish pan pizza, Villa's is unrivaled. To complete your meal Villa offers several desserts such as: tiramisu, lemon ice, spumoni and of course handmade cannolis. A fine selection of beer, wine and liquor is also available. If you have never tried Villa, stop by and see why they have been an Eastside favorite for over five decades. The family motto has always been, "Let our family serve your family." 

Located minutes from the Pointes

Hours: Mon-Sat 4-10pm, Sun 2-9:30pm



Watermark Bar & Grille @ Jefferson Beach Marina

24400 Jefferson Ave., St. Clair Shores • (586) 777-3677

The Watermark is Fine Dining at its Best — With it's amazing views and classy but casual atmosphere, Watermark Bar & Grille is your go-to place for drinks after work, a date with that special someone or that special event, or just a dinner out with the family. Louie and Dino Ropotos, owners of the popular Mack Avenue Grille, invite you to come by boat, car, bicycle or on foot to their newest culinary venture — the Watermark Bar & Grille at Jefferson Beach Marina on the Nautical Mile in St. Clair Shores. The Ropotos brothers have converted the former nightclub into a family-style waterfront restaurant. Like they have done at Mack Avenue Grille, all their food — from salads, to burgers, to vegetable wraps to pasta, to Lobster Mac & Cheese and daily fish specials — all their food is made from the freshest ingredients purchased daily. And you won't want to miss our great pizza offerings straight out of our new, state-of-the-art pizza oven! Our fabulous 40-stool bar and some 40 dining tables inside — not to mention the outdoor bar and deck — can accommodate any crowd. Come in check out what everyone is talking about — the Watermark Bar & Grille! 

◆◆◆◆OPEN YEAR-ROUND ... LOOK FOR OUR WATERFRONT PATIO DECK OPENING SOON!◆◆◆◆

Hours: Daily 11am-Close

Web: www.watermarkbarandgrille.com



COOKING with CHEF ETHAN STEINER

Hash Brown Egg Nests



When I think of Easter I think of eggs because they are associated with the Holy Season of Easter. Easter is the celebration of the resurrection of Christ.

The egg has been associated with fertility, rebirth and new beginnings. We can find many types of eggs at Easter. There are solid chocolate eggs, fruit filled chocolate eggs, peanut butter filled eggs (my personal favorite) and hard boiled colored eggs. In addition to looking delightful, these hash brown nests are very easy to prepare and taste delicious!

Speaking of new beginnings — as soon as I returned from Mackinac Island, I was offered a job in Sarasota,

Fla. I accepted a position at Overture Restaurant in the Art Ovation Hotel, an Autograph Collection Hotel.

The hotel is located in downtown Sarasota between the Sarasota Opera House and the Florida Studio Theater. We are preparing the restaurant to open in a few weeks.

I am overjoyed to be living and working in Sarasota, which has a strong Grosse Pointe connection! If you are vacationing in Florida, stop by the restaurant to see me!

Happy Easter! 🐣

Hash Brown Egg Nests makes 12 nests

Ingredients

4-6 russet potatoes, baked and cooled (or 15 oz. frozen shredded hash browns, thawed)

1 small onion, chopped

1 tbs olive oil

1 cup finely shredded cheddar cheese

1/2 cup finely shredded cheddar cheese for top of nests

12 eggs

2 slices cooked bacon, crumbled

1/2 tbs parsley

Salt, pepper to taste

Directions

1. Preheat oven to 425 degrees
2. Sauté onion until translucent
3. Peel and grate potatoes into shreds. (If using frozen hash browns, dry with paper towel)
4. Mix onion, hash browns, salt, pepper olive oil and shredded cheese in a mixing

bowl

5. Grease muffin pan and divide hash brown mixture. Pack them tightly and shape them into nests
6. Bake until the edges have browned and the cheese has melted, about 15 minutes
7. Crack an egg into each nest and

season with salt and pepper to taste

8. Top with crumbled bacon, shredded cheese and parsley
9. Return to oven and bake at 350 degrees, until the egg whites set, about 13 to 15 minutes
10. Let cool. Gently slide a knife along the eggs and use a fork to lift out of the pan
11. Plate and serve. Add biscuits or garnish with avocado



Photo by Ethan Steiner

Chef Ethan Steiner, a 2008 graduate of De La Salle Collegiate High School, graduated from Le Cordon Bleu College of Culinary Arts with an Associates of Occupational Studies Degree in Culinary Arts and a Bachelor of Arts Degree in Culinary Management in Las Vegas.

Steiner's experience in Las Vegas took him to kitchens led by Chef Jose Andres of China Poblano and Chef Gordon Ramsay of Gordon Ramsay Steak. In Detroit, Steiner worked as sous chef under Chef Seth High, and in the kitchens of Beverly Hills Grill and ML Café.

Today, Steiner is a sous chef and can be found at Overture in the Art Ovation Hotel in the heart of downtown Sarasota, Fla. Follow him on Twitter @Chef_Ethan.



We've Made the Grade!

Our residents have spoken, giving American House Grosse Pointe at Cottage a 91% overall satisfaction score on our annual customer survey. That's 12% above the senior living industry average! We offer all levels of care with the perfect balance of luxury senior living and world-class services and amenities, plus, optional support services.

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"The staff is excellent, caring and attentive. Their familiarity is impressive and the continuity of the staff relieves my concerns."

We're conveniently located in the heart of historic Grosse Pointe Farms, close to upscale boutiques and elegant dining. Stop in for a tour and let us show you around our beautiful community and introduce you to our caring staff. Come see for yourself why so many seniors call American House home!



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CELEBRATING TEN JAZZY YEARS ON THE HILL



Willie Jones, general manager



Gretchen Valade

By Melissa Walsh

Over the past decade, The Dirty Dog Jazz Cafe on The Hill has been a high-style locale in Detroit jazz culture. Since its opening on February 13, 2008, its stage has brought prodigious talent to metro Detroit jazz patrons and in front of the venue's owner, Farms resident and business luminary Gretchen Valade.

A player in the jazz music industry since founding Mack Avenue Records in 1998, Valade set her vision of building a jazz stage on The Hill in motion by bringing in Andre Neimanis as executive chef and Willie Jones as general manager as early as August 2007.

Tom Robinson, Mack Avenue Records CEO who is also a seasoned carpenter, managed the "hammer and nails" activity of converting the site from a former flower shop to chic club, says Jones. The decor illustrates Valade's fondness both for jazz and for dogs with images of jazz greats and dignified canine paintings adorning the club's walls. The Dirty Dog "hall of fame" showcases the artists that have performed there.

Serving up cocktails since the club's launch, Carl Williams has attracted regulars to the bar. Described as "extremely popular with the customers," Robinson says Carl is "a staff member who gets double the applause."



Andre Neimanis,
executive chef



Carl Williams,
bartender

Valade, 93, attends most of the Dirty Dog's performances, staying for the first set.

"She's so personable, so intelligent, so sharp, so caring," says Jones. "She's just down-to-earth."

Also a sharp business woman, Valade sets a high bar for the calibre of artists invited onto the Dirty Dog stage. Those that impress her might be secured a spot on the stage of the Detroit Jazz Festival, for which Valade has been the primary sponsor since 2005. Valade might also refer stand-out talent to Mack Avenue Records product manager, Darrell Garrett, for a recording deal on her imprint, Detroit Music Factory.

"When I first started watching the bands at the Dirty Dog I became a little nostalgic for the stage myself," says Valade, 93, who performed long ago and is on the credits of several Mack Avenue Records tracks as songwriter. "Eventually, I appreciated the talent we offered there and realized I could never have gotten that good."

"I asked her (Valade) once, if she had to choose a career what would she have done," says Robinson. "She said she'd be an entertainer." ☺

Photos by John Osler



Photo by Renee Landuyt



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Centennial Gala Sept. 30 @ Lochmoor Club

Photos by Christine M.J. Hathaway



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Gordon and Tina Ford



Gary Corona, Dave Zmyslowski and Ted Hadgis



Mike Lorenz and Sandy and Mark Fossee



Valerie and David Kmak



Terry Tenaglia, Jeff Taylor and Susan Borninski

SOC* Gala Oct. 16 @ The War Memorial

Photos by Colin Hathaway

*Services for Older Citizens



Dr. Richard Baumgarten, Susan Sisk and Hon. Bill Giovan



Fran Bachmann, Mercedes Kucyk and Sue Tompkins



Marianne Langlois, Margot Parker, Jane McKeever and Maura McKeever



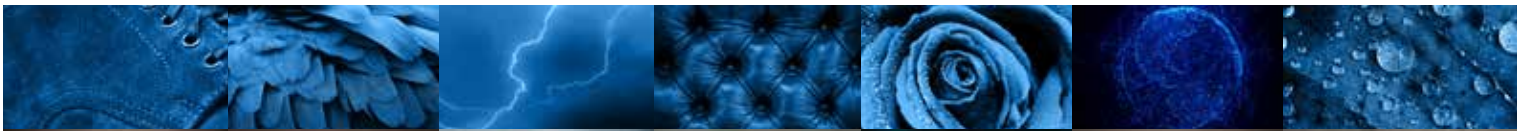
Molly Delany, Jesse VanDeCreek and Mary and Bruce Nichols



Patrick McKeever, Kay Wasinger and Warren Biller



Shane and Sara Reeside and Donna and Ron Carloni



Laila Abud



Jim Addison



Rosie Allen



Patricia Bargnes



Julie Baumer



Jeff Bollenberg



Rey Collingwood



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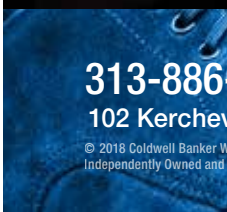
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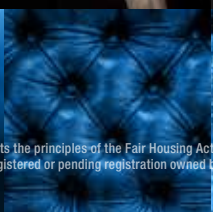
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Forgotten Harvest Farms Dinner Oct. 25 @ Grosse Pointe Yacht Club

Photos by Elayne Gross



Camille DeMario, Kathy Berquist and Patty Larson



Nancy Salvia, Mary Tipp and Valerie Moran



Julie Christopher, Pam Stanton and Nancy Gandelot



Kay Agney, Mary Lamparter and Liz Mitchell



Lisa Mower Gandelot and Sharon Hurlbert



Nora Moroun, Marlene Boll and Ginnie Rice

Arts & Antiques Preview Nov. 2 @ The War Memorial

Photos by Renee Landuyt



Jean Azar and Vicki and Bob Liggett



Alan Marschke and Dr. David Balle



John Minnis, Dr. Mary Sue Stonish and Dan "DJ" Monahan



Rev. Drew and Jessica VanCulin, Betsy Creedon, Beverly Walsh and Meredith and Scott Hanoian



Sue Sisk, Hon. Bill Giovan and Louis and Patti Theros



Wendy Jennings and Don and Candy Sweeny

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John Minnis, Publisher



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VIP Pancake Breakfast Nov. 3 @ The Parade Company

Photos by Renee Landuyt



Tony Michaels, Alexis Wiley, Daniel J. Loepp and Lt. Gov. Brian Calley



Bob Bury and Charles Burke



Brad Simmons, Patricia Ellis and Linda Remington and Emily Remington



U.S. Army VIP flippers Ian Griffins, Maj. Gen. Clark LeMasters and Nate Sebren



John Minnis and Tony Michaels



Patrick Petz, John Minnis and Dan Follis

Liggett Knight Nov. 15 @ University Liggett School

Photos by David C. Dalton



Event co-chairs Doug Wood '90, Beth Wood '89, Christie Zinn and Pahl Zinn '87



Jennifer Fozo '87 and Mary Beth Garvey



University Liggett School alumni with Shernaz Minwalla, assistant head of the Upper School



Jennah Johnson, Mandy Johnson and Carla Haladjian



Bart Bronk, head of school, Christine Bronk, Gloria Butler Miller and Joseph Miller



John Stroh '78 and Vivian Day Stroh '75

HOLLYFEST* Nov. 30 @ Grosse Pointe Yacht Club

Photos by Renee Landuyt

*The Family Center of Grosse Pointe & Harper Woods



Anne Prokop, Paige Domzalski, Beth Vernon, Mary Beth Austin and Rania Routsis



Ann Walsh and Beth Walsh-Sahutske



Honorary Chairs Jack and Lynn Schneider, Diane Strickler and Elyse Jones



Gary and Paige Niehaus



Mary Petersen and Kathryn Oldham



Suzie Starnes and Mike Lefevre

Live Inspired Donor Appreciation Dec. 7 @ The War Memorial

Photos by Renee Landuyt



Brendan and Kelly Walsh and Scottie and Gar Knight



Gioconda and Thayer McMillan and Charles Burke



John and Carrie Maliszewski, Elaine Langer and Suzy and Chip Berschback



Kathy Kinton Williams and Creed Sowards III



Shawn and Rev. Peter Henry



Valerie and Patrick Moran

Meet Heather



Name	Heather Burgess
Age	41
City	Grosse Pointe
Occupation	Owner, The Great Frame Up

The Great Frame Up

At The Great Frame Up, we custom frame jerseys, original paintings, wedding portraits, news articles, sports memorabilia, photography, invitations, military memorabilia, and much more. Looking for a pre-made frame? We have those too! Looking for someone to hang your framed art for you? We do that too! We also carry art and pottery by local artists. A large selection of in stock materials allows for a quick, even same day turnaround time when needed.

For more information about The Great Frame Up, call (313) 884-0140, visit grossepointe.thegreatframeup.com or stop in at 20655 Mack Ave., Grosse Pointe Woods.

Why did you want to own a custom framing store?

While attending EMU for graphic design, I began working at The Great Frame Up. I loved that each day was different and brought new challenges. It helped me realize that a desk job wasn't for me and that I wouldn't be truly happy unless I was working with my hands. The fact that I still get to put some of my graphic design background to use through designing ads and various other projects is a bonus!

If you weren't a business owner, what would you do?

I would love to be a private chef for busy families. I know how difficult it is trying to balance work, my spouse and children and all of their activities, dogs, exercise, household chores and having some down time — it's exhausting just saying it! Eating healthy can get lost in the shuffle, so I would love to be able to ease some of that burden for families that could use a helping hand.

What is your favorite thing to do outside of work?

I love to cook. It's been fun sharing my passion with my kids. They like to each make a meal then pretend like they're on Chopped!

What is something about you that most people don't know?

I love canning. It's completely old school, but I enjoy spending an entire weekend filling my pantry with healthy foods that will last most of the year. I find it to be almost therapeutic. It makes me happy that my children look forward to helping me and want to learn and be involved in the process.

What is the most memorable feedback you've received?

Although it doesn't sound like a great memory, being told that I would never succeed at being a business owner at the age of 26 was the best thing anyone could have ever said to me. It made me push even harder to make it happen. Fifteen years later, I'm glad I didn't take it to heart!

Words to live by?

Life's a journey. Are you packed?

About Heather

"Spending time with my husband (Keith) and children (Riley, Liam and Quinn) is the most important thing in my life. Being part of such a fun and giving community with wonderful neighbors and friends has helped make raising our children such a joy. Being fairly close to great trails, campgrounds and skiing makes living in Grosse Pointe throughout each season even more appealing. There's nowhere else I'd rather spend my days shuttling back and forth between work, school, hockey, figure skating and Tae Kwon Do!"

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pets

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Walter

Walter enjoys his sixth birthday in the Farms with a cake by owner Hannah. Find the recipe at <https://detroitisforfoodies.com/2017/11/11/walters-birthday-cake/>



Coda & Gretta

Coda, left, is a 10-year-old Morkie
Gretta is an 11-year-old Maltese.
They are mother and daughter, who were rescued and adopted together.



Penny

Penny Bunker is one unique Grosse Pointe Woods pup who usually gets stopped by ear comments during walks.



Nessie

Nessie is a wonderful Newfoundland dog, much loved by her family.



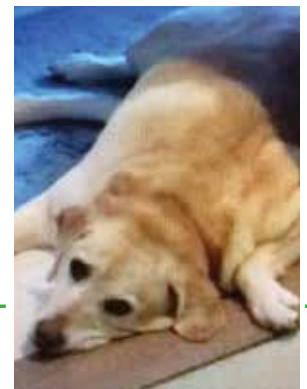
Harley

Eight-year-old Harley is so sweet. He loves to go up north to his family's cottage and run around the yard and beach.



Aengus

Aengus is a two-year-old St. Bernard who loves to cuddle. He shares a Grosse Pointe Farms home with siblings Bruno and Jax.



Sadie

Sadie is an eight-year-old yellow Labrador adopted in 2011 from GPAAS. She loves snuggling in bed, chasing squirrels, playing with her toy giraffe and never leaving her loving family's side.

Dental disease in dogs, cats

By Dr. Nancy Pillsbury

Just like humans, routine dental care is very important in dogs and cats. While we sometimes think bad breath in our pets is normal, it can signify periodontal disease. Some signs to look for to indicate your pet may have a problem with the teeth include:



1. Halitosis (bad breath)
2. Red or swollen gums, or discharge around the area where the teeth meet the gums
3. Thick tartar buildup or missing teeth
4. Trouble eating, decreased appetite, or weight loss

If you notice any of the above, you should have your pet seen by your veterinarian to evaluate the teeth and gums as a professional dental cleaning may be needed. The cleaning is generally done under anesthesia, and in some cases dental extractions may be necessary. Leaving dental issues untreated can be dangerous as infection from the teeth and gums can spread to other organs, such as the heart, liver and kidneys, causing life-threatening conditions.

Once the teeth are cleaned, preventive measures can be taken to help keep the mouth healthy. Sometimes it takes a while for your pet to get used to it, but brushing the teeth at home with special pet products can help reduce and prevent plaque buildup. There are also chew treats that can help prevent buildup: be sure to check with your veterinarian on their recommendations for these products.

Our pets will appreciate us helping them to start the New Year off right with cleaner teeth, healthy gums and fresher smelling breath!

Dr. Nancy Pillsbury is a 1993 graduate of Michigan State University. She joined Harper Woods Veterinary Hospital in 2011.

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10 SATURDAY

- Grosse Pointe Animal Adoption Society Adoption Day at SOC, 12-3 p.m.
- Grosse Pointe Historical Society Izzy's Second Saturdays at Provencal-Weir House, sew and stuff the Michigan Horned Owl, \$20 for members, \$25 for nonmembers, reserve at (313)884-7010, 1-3 p.m.
- Grosse Pointe Historical Society Open House at Provencal Weir House, 1-4 p.m.
- All Pointes Daddy Daughter Dance at Grosse Pointe South, 6:30-8:30 p.m.

11 SUNDAY - Daylight Savings Time Begins

- Grosse Pointe Theatre presents "How to Succeed in Business Without Really Trying," tickets at gpt.org, also March 15-18, 22-24
- Detroit Concert Choir presents "Celtic Celebration" at Ss. Peter & Paul Jesuit Church, Detroit, tickets at detroitconcertchoir.org, by phone at (313) 882-0118, or at the door, performance at 3 p.m.

14 WEDNESDAY

- The Family Center's Play Central at Barnes Early Childhood Center Gym, \$5 per family visit, free coupon at familycenterweb.org, every Wednesday and Thursday through May 31, 9-11 a.m.
- Grosse Pointe Chamber of Commerce Learn at Lunch "Facebook 2.0 for Business," \$20, chamber members only, RSVP by e-mailing staff@grossepointechamber.com
- Soroptimist International of Grosse Pointe Awards Night at Assumption Cultural Center, including two Live Your Dream awards, one Virginia Wagner Award and one Ruby Award, dinner is \$25 per person, cash bar open, 6:30 p.m.
- Grosse Pointe Historical Society Bicknell Lecture Series at Grosse Pointe South, Celebrating the 50th anniversary of Dr. Martin Luther King Jr.'s speech at Grosse Pointe High (now South), 7:30 p.m.

15 THURSDAY

- The Family Center presents "Increasing the Odds: Recovery is about the family, not just the individual," free, at The War Memorial, RSVP at (313) 447-1374 or familycenterweb.org, 7 p.m.

17 SATURDAY - St. Patrick's Day

- Bird Walk at Edsel & Eleanor Ford House, \$5 per person, space limited, reserve at fordhouse.org, 8 a.m.

18 SUNDAY

- Arts at the Alger Winter Brunch Series at The War Memorial featuring renowned violinist Hai Xin Wu, with an impressive ensemble featuring Zhihua Tang (piano), Caen Thomason-Redus (flute), and Kristi Crago (horn), tickets at warmemorial.org/winterbrunch

21 WEDNESDAY

- Grosse Pointe South High School Annual Artfest through Saturday, March 24
- Parcels Sixth Grade Band and Orchestra Concert, 7-8 p.m.

23 FRIDAY

- The War Memorial EAT series, Sip and Sushi, tickets at warmemorial.org/eat, 6:30-8:30 p.m.

24 SATURDAY

- Grosse Pointe Farms Easter Egg Hunt at Pier Park, 10 a.m.
- Grosse Pointe Shores Easter Egg Hunt at Municipal Park, 10 a.m.
- Grosse Pointe Woods Easter Egg Stroll at Lake Front Park, 10 a.m.
- Maire Carnival at Maire Elementary School, games, face painting, prizes, buy tickets at www.tinyurl.com/mairecarnival2018, or at the door, 10 a.m. - 2 p.m.
- Scents and Sensibility: The Perfection of Peonies featuring Dr. David Michener, luncheon, lecture, book signing at the Detroit Yacht Club, presented by The Herb Society of America Grosse Pointe Unit, tickets \$40, available at eventbrite.com, 11:30 a.m. - 3 p.m.
- Grosse Pointe Park's Patterson Park Egg

Scramble, 12 p.m.

- Grosse Pointe Animal Adoption Society Adoption Day at SOC, 12-3 p.m.

25 SUNDAY

- Grosse Pointe North Instrumental Music Program fundraiser concert at DSO Orchestra Hall, tickets are \$20 general, \$15 seniors, \$10 students and children, \$35 box seats, available at Wild Birds Unlimited on Mack Ave. or at the door on the night of the concert, concert at 3 p.m.

26 MONDAY

- The Family Center presents "Suicide Prevention: Who? What? How? Where?" at Pierce Middle School, free, contact Kevin's Song for more information (313) 236-7109, 7:30 p.m.

28 WEDNESDAY

- Grosse Pointe North Choirs, under the Direction of Ben Henri, present Great Works Concert at Assumption Greek Orthodox Church, tickets available at the door, 7 p.m.

29 THURSDAY

- The Friends of the Grosse Pointe Public Library Classic Book Lecture Series in Ewald Branch Program Room, Ernest Hemingway's Nick Adams Stories, 7 p.m.
- The 14th Annual Grosse Pointe City Spring Egg Hunt, \$5 per child, no outside baskets allowed, 5 p.m.

31 SATURDAY

- Bunny Fun at Ford House, \$5 for adults, \$10 for children, must be purchased online in advance, four entry times to choose from, get tickets at fordhouse.org

01 SUNDAY - Easter Sunday

- Behind the Scenes Tour at Ford House, register at fordhouse.org, also April 9 and 22, 1-2:30 p.m., if adding General House Tour, arrive at 11:45 a.m.
- Grosse Pointe Artists Association 'Art After School' juried student exhibition in the Presidents' Room at the War Memorial through April 21

06 FRIDAY

- The War Memorial presents New Orford String Quartet, VIP tickets \$60 at warmemorial.org/new-orford, premium concert seating and an afterglow reception with hosted bar, passed appetizers and chance to meet the performers, general admission \$35, students \$15, 8pm

07 SATURDAY

- Behind the Scenes Tour at Ford House, get a glimpse of what's behind closed doors, up and down the stairs, and down the back hallways in this special Ford House tour, offered at 11 a.m. Saturdays and 1 p.m. Sundays, you may add an additional house tour to see the entire 30,000-square-foot home starting at 10 a.m. Saturdays and noon Sundays, tickets must be purchased in advance at fordhouse.org, tours also take place April 8, 14, 15, 21, 22, 28, 29
- Grosse Pointe Animal Adoption Society Adoption Day at SOC, 12-3 p.m.
- The War Memorial Youth Arts Project String Chamber Orchestra, \$10 adults, \$5 students, seniors, veterans, 1 p.m.

08 SUNDAY

- The War Memorial Sunday Brunch, Classic Sonatas for Flute and Piano, more info and tickets at warmemorial.org

10 TUESDAY

- The War Memorial EAT series, Spring in Michigan, cooking class includes full meal and wine pairings, tickets at warmemorial.org/eat, 6:30-8:30 p.m.

11 WEDNESDAY

- The Detroit Concert Choir joins the Oakland Symphony Orchestra and the Oakland University Symphony Chorus for Symphony No. 9 in D minor, Op. 125 by Ludwig van Beethoven at Detroit's Orchestra Hall, tickets at startickets.com or by calling (800) 585-3737, concert at 7:30 pm

12 THURSDAY

- The War Memorial "This Americana" series featuring Major Mary Jennings Hegar, information at WarMemorial.org/lectures, VIP Reception at 6:30 p.m., presentation at 8 p.m. and book signing at 8:30 p.m.

14 SATURDAY

- Bird Walk at Edsel & Eleanor Ford House, \$5 per person, space limited, reserve at fordhouse.org, 8 a.m.
- GPFPE annual gala at the Grosse Pointe Club, for tickets and information, visit gpfpe.org or call (313) 432-3058, 5:30 p.m.
- Grosse Pointe Historical Society Izzy's Second Saturdays at Provencal-Weir House, decorate your new umbrella using permanent Sharpie colored pens, \$20 for members, \$25 for nonmembers, reserve at (313)884-7010, 1-3 p.m.
- Grosse Pointe Historical Society Open House at Provencal Weir House, 1-4 p.m.

18 WEDNESDAY

- The Family Center presents "Don't Let the Cuteness Factor Fool You: Speech and Reading Skills in Children" at Christ Church Grosse Pointe, free, RSVP at (313) 447-1374 or familycenterweb.org, 7 p.m.
- GPHS Bicknell Lecture Series at Cook Schoolhouse, featuring Paul Vachon, 7:30 p.m.

19 THURSDAY

- Tau Beta's Annual Spring Market at the Grosse Pointe Club, Preview Party and Raffle, \$75 per person in advance, \$85 at the door, 6-9 p.m.
- The Friends of the Grosse Pointe Public Library Classic Book Lecture Series at Ewald Branch, "What's Great About

Gatsby," 7 p.m.

- The War Memorial EAT series, Best of the Boot, featuring Italian wine, tickets at warmemorial.org/eat, 7-9 p.m.

20 FRIDAY

- Tau Beta's Annual Spring Market at the Grosse Pointe Club, 9:30 a.m. - 7 p.m.

21 SATURDAY

- AAUW Grosse Pointe First Women's Summit at First English Evangelical Lutheran Church, program and panel, 9 a.m.
- Tau Beta's Annual Spring Market at the Grosse Pointe Club, 9:30 a.m. - 3:30 p.m.
- Grosse Pointe Animal Adoption Society Adoption Day at SOC, 12-3 p.m.

22 SUNDAY - Earth Day

25 WEDNESDAY

- The Family Center presents "An Overview: Autism Spectrum Disorders" at Grosse Pointe Memorial Church, free, RSVP at (313) 447-1374 or familycenterweb.org, 7 p.m.

27 FRIDAY

- The Grosse Pointe Community Chorus presents its 66th Annual Spring Event: A Dinner Cabaret, "It's a Grand Night for Singing" at Assumption Cultural Center, advance tickets will be available at Assumption Cultural Center, (586) 779-6111; Moehring-Woods Florist, (313) 882-9732; Posterity: A Gallery, (313) 884-8105; or from your favorite chorus member, for more information, visit grossepointecommunitychorus.org or call (313) 882-2482, concert at 6 p.m.

29 SUNDAY

- Kick off of Grosse Pointe Restaurant Week

The Family Center with Jeff Jay and Debra Jay

Key to Addiction Recovery: **UNLOCK THE POWER OF FAMILY**



Jeff Jay and Debra Jay

By Susan Bollinger

Recovering from addiction and staying sober isn't an individual journey. It includes the entire family, but without a plan for their own involvement, family and friends can unknowingly maintain an environment that prevents long-term success. Addiction recovery experts Jeff Jay and Debra Jay developed Structured Family Recovery®, a one-year program that starts prior to intervention and lays out a clear plan for the addict's loved ones. Weekly conference calls, Al-Anon meetings, and assignments unify the group and surround the addict with a culture of trust and recovery.

Debra explains, "For decades families had a small role in treatment, and the thought was that families should step aside. But this hands-off approach actually contributes to relapse. Getting the whole family involved — and keeping everyone involved and working as a team — is a simple process that significantly reduces the chance of relapse."

Jeff recalls a "well to do" family with a 34-year-old husband and son suffering from opiate addiction. "He'd been in treatment twice and was still relapsing, nearly dying twice from overdose. Through the Structured Family Recovery® program, his wife, mother and father modeled behaviors of

recovery and didn't go back to their old, enabling ways. This made it difficult for him to go back to his old ways. When everyone changes their behaviors, so does the patient."

If a loved one is struggling with alcohol, opiate or other drug addiction, learn more about Structured Family Recovery® on Thursday, March 15 from 7 to 9 p.m. at The War Memorial, presented together with The Family Center. Jeff Jay and Debra Jay will describe the program and how you can get started.

"When someone enables their addicted loved one, they are actually doing it to save themselves," points out Debra. "They might be terrified the person will lose their job, or that a daughter will turn to prostitution to support her habit. The Structured Family Recovery® process brings families together in ways they don't expect, and puts the focus on group decisions and working as a team. It changes everything, and brings peace back."

Learn more about Jeff Jay and Debra Jay and Structured Family Recovery® at <http://lovefirst.net/structured-family>.

To register for the March 15 program, visit familycenterweb.org or call (313) 447-1374. ☎



THE WAR MEMORIAL

The 2018 season of This Americana, which began in February, is coming to an end with a visit from Major Mary Jennings Hegar.

Major Mary Jennings Hegar is a U.S. Air Force combat veteran who has earned the Purple Heart and Distinguished Flying Cross with a Valor Device for her service in Afghanistan. In her presentation “Be the Change,” Hegar shares her dramatic journey in the military, an inspiring, humorous and thrilling true story of a brave and unforgettable woman who has spent much of her life ready to sacrifice everything for her country, her fellow man and her sense of justice.

This Americana showcases the voices of scholars and service members as they explore topics ranging from the Civil Rights Movement to modern day military service. The series’ conversations are centered around history, culture and the ideas that shape us as a community.

“The War Memorial exists to explore new ideas,” said Charles Burke, President and CEO of The War Memorial. “This Americana as a series offers a venue for a higher level of conversation on subjects significant to the region, and to the nation. In an era increasingly marked by political or social divisions, the speakers joining us bring ideas or experiences with a unifying message.”

Major Mary Jennings Hegar

April 12, 2018

VIP Reception: 6:30 p.m.

Presentation: 8 p.m.

Book signing: 8:30 p.m.

Additional information at WarMemorial.org/lectures



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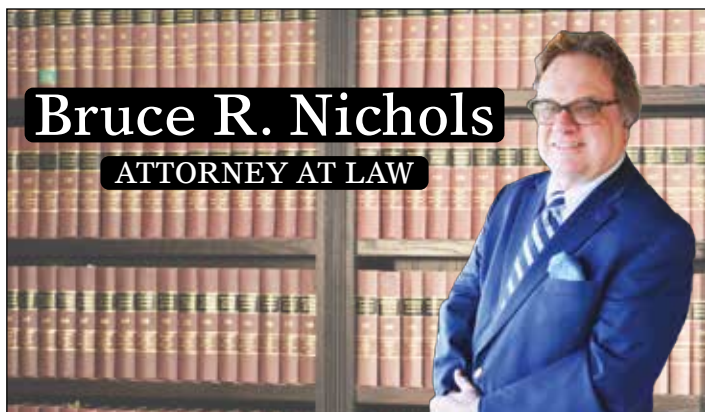


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